The IRB will not approve student-research projects using any controlled substances including alcohol and prescription drugs. Projects using over-the-counter (OTC) drugs and supplements must include a complete, literature-based risk-assessment plan that details all potential side effects and health risks of the drug and includes a protocol for minimizing and mitigating said risks should they occur in a study participant. The risk-assessment plan must be a minimum of one single-spaced page based on at least five references from the primary scientific literature. The IRB reserves the right to reject any proposal using OTC drugs that does not have a sufficient risk assessment plan.

Approved 11/16/12