Parent’s Guide to Career Planning

Freshman Year…Parent’s Role
- Encourage your student to make grades a top priority
- Encourage your student to meet with each of his/her professors regularly
- Talk with your student about the different campus activities that might match his interests
- Encourage your student to plan early to find a summer job that may match her career interests

Sophomore Year…Parent’s Role
- If your student is undecided about his major or career choice, encourage him to visit Career Services
- Talk with your student about the different career and major choices she is considering
- Encourage your student to follow his vocational dreams and make the choices that fit for him
- Help your student come up with a list of your friends or relatives that may work in a field of interest to her
- Encourage your student to obtain a career-related internship experience over the summer

Junior Year…Parent’s Role
- Encourage your student to take advantage of leadership opportunities at Whitworth
- Encourage your student to attend Whitworth Career Week and the Partnership Career Fair
- Discuss employment and graduate school options with your student
- Encourage your student to obtain a career-related experience that matches her career goals

Senior Year…Parent’s Role
- Ask your student how you can help
- Listen to the fears/concerns your student is expressing
- Talk with your son about his career goals and how his interests and skills relate to them
- Encourage your student to complete a resume and participate in on-campus interviews
- Encourage your student to attend Whitworth Career Week and the Partnership Career Fair
- Encourage your student to get assistance with her job search from Career Services
- Ask with your student about her graduate or professional school plans
- Listen, be patient and don’t worry

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