



Whitworth University  
Educational Support Services

Information Needed for Student Request of  
Emotional Support Animal (ESA)

Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Proposed ESA:

Type of animal: \_\_\_\_\_ Age of animal: \_\_\_\_\_

Name of Animal: \_\_\_\_\_

The above-named student has indicated that you are the mental health care provider (psychologist, psychiatrist, licensed social worker, and/or licensed mental health counselor) who has suggested that having an Emotional Support Animal (ESA) in the residence hall/student housing will be helpful in alleviating one or more of the identified symptoms or effects of the student's disability. So that we may better evaluate the request for this accommodation, please answer the following questions as specifically as possible:

**Information About the Student's Disability** (*A person with a disability is defined as someone who has "a physical or mental impairment that substantially limits one or more major life activities."*) Please be as specific as possible.

1. What is the nature/ diagnosis of the student's mental health disability? Include DSM diagnostic code. How is the student substantially limited? What is the level of severity?
2. How long have you been working with the student regarding this mental health diagnosis? Please include the date the condition was first diagnosed and frequency of treatment.
3. Does the student require ongoing treatment? (You may include type of treatment needed, especially if coordination with local health care providers will be needed)
4. Are you currently working with the student in treatment and in what capacity? If you are no longer working with the student, please indicate the last date of treatment and why you no longer see the student.

### Information About the Proposed ESA

1. Is this an animal that you *specifically prescribed* as part of treatment for the student, or is it a pet that you believe will have a beneficial effect for the student while in residence on campus?
2. What symptoms will be reduced by having the ESA?
3. What evidence is there that an ESA has helped this student in the past or currently?

### Importance of ESA to Student's Well-Being

1. In your opinion, how important is it for the student's well-being that the ESA be in residence on campus? What consequences, in terms of disability symptomology, may result if the housing accommodation is not approved?
2. Have you discussed the responsibilities and duties associated with properly caring for an animal while engaged in typical college activities and residing in campus housing? Do you believe those responsibilities might exacerbate the student's symptoms in any way, and if so, how?

**Thank you for taking the time to complete this form.** If we need additional information, we may contact you at a later date. We recognize that having an ESA in the residence hall can be a real benefit for someone with a significant mental health disorder, but the practical limitations of our housing arrangements make it necessary to carefully consider the impact of the request for an ESA on both the student and the campus community.

Please provide contact information, sign and date this questionnaire (below), and return it to:

Katie McCray, ESS Coordinator  
Whitworth University  
300 W. Hawthorne Road  
Spokane, WA 99251

Phone: 509-777-3280  
FAX: 509-777-3821  
Email: kmccray@whitworth.edu

### (Please Print and Attach a Business Card)

Name and Credentials: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

FAX and/or Email Address: \_\_\_\_\_

Professional Signature: \_\_\_\_\_

License #: \_\_\_\_\_

Date: \_\_\_\_\_

Attach business card here.

