# Whitworth University Graduate Studies in Education



# Student Handbook

### for

# Marriage and Family Therapy Program

2023

Note: The contents of this handbook, is subject to change. Check with your advisor for the most current information concerning your program.

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#### STATEMENT OF PURPOSE

The Student Handbook for Whitworth University's Marriage and Family Therapy (MFT) Program has been developed as a guide to assist graduate students in successfully completing course work and program requirements for entry into the helping professions as Licensed Marriage and Family Therapists. Students are responsible for the information contained in the University's catalog and this student handbook. Key information is provided in these two documents. Specifically, you will find information pertaining to program procedures guided by the ethics of the MFT profession.

#### MFT GRADUATE ACHIEVEMENT

Though student/graduate achievements will vary from cohort to cohort, the first three graduating class have done very well after graduation. We anticipate that ongoing cohorts will perform as well after graduation. To date the following data represents the results of the first three cohorts:

Completion Rate*	95 Percent
On-Time Graduation Rate**	93 Percent
Rate of Employment in the Profession***	97 Percent
Pass Rate for Students Attempting the National MFT Exam****	100 Percent

\* Percent of matriculated students who graduated with a MA in MFT

- \*\* Percent of graduates who graduated in the term they intended.
- \*\*\* Percent of graduates who were employed after graduation in a position requiring licensure in one of the mental health professions
- \*\*\*\* Percent of graduates who passed the AMFTRB National MFT Exam

#### **ACCREDITATION STATUS**

Whitworth University is accredited by the Northwest Commission on Colleges and Universities, the institutional accrediting body in the Northwest.

Whitworth University has formal authority from the state of Washington to offer undergraduate and graduate education programs through the master's degree under Washington Student Achievement Council Approval Section 3675, Chapter 36, Title 38, U.S. Code (Eligibility Requirement 2).

The MFT program is also accredited through the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE).

#### **OUR STUDENTS**

Whitworth welcomes all applicants without regards to religious affiliation, ethnicity, or sexual orientation. Each cohort of students is unique. Our program recruits students from as far away as Pakistan and Tanzania, though most of our students originate in the Northwest. This leads to a limited ability to recruit students from underrepresented populations. We also have a wide range of ages in our program, with students in their 20s, 30s, 40s, and 50s. Most of our students, however, are in their mid to late 20s and early 30s. Like most MFT programs, Whitworth has a predominance of women in the program (approximately 75 percent).

#### **OUR FACULTY**

Whitworth uses a combination of fulltime and adjunct faculty to teach the courses needed to meet the program mission, goals, and student learning. Core faculty are clinical practitioners specially trained in working with individuals, couples, and families from a systemic and relational perspective. Full time core faculty are licensed as marriage and family therapists with degrees in MFT. We also have a faculty member that we use from the psychology department that is a Licensed Psychologist. Fulltime faculty members are engaged in supervision, shared governance, and research in fields of study related to the field.

Adjunct faculty and other non-MFT faculty supplement the instruction given by core faculty. These faculty members are selected for their special expertise. Courses taught by non-core faculty are usually in the areas of human development, chemical dependency, adolescence, children, and cultural considerations.

#### **PROGRAM MISSION OUTCOMES**

#### Mission

The Whitworth University Marriage and Family Therapy (MFT) program mission is to develop ethically competent Marriage and Family Therapists who work collaboratively from a systemic and relational perspective to meet the mental health and relational needs of individuals, couples, and families across multiple dimensions of diversity, addressing client needs from the perspective of both mind and heart.

#### **Program Goals**

G1 Equip students with the necessary systemic theoretical knowledge and therapeutic skills to work effectively with a broad spectrum of issues presented by individuals, couples, and families from diverse levels of the socioeconomic strata and with other marginalized groups (ethnic, cultural, religious, sexual orientation) from a systemic and relational perspective. (Theory)

G2. Instruct students in the diagnosis and treatment of mental health issues from a systemic and relational perspective, and provide clinical experience in diagnosing, treating, and evaluating treatment effectiveness for individuals, couples, and families. from diverse levels of the socioeconomic strata and with other marginalized groups (ethnic, cultural, religious, sexual orientation) from a systemic and relational perspective. (Clinical)

G3. Develop informed consumers of research and to expose students to a broad array of efficacious research-based practices and their application to common presenting issues. (Research)

G4 Equip students with the ability to recognize the influence of social factors such as culture, ethnicity, religiosity, socio-economic status, and sexual orientation, and to incorporate those factors into diagnosis and treatment of individuals, couples, and families, from diverse levels of the socioeconomic strata and with other marginalized groups (ethnic, cultural, religious, sexual orientation) from a systemic and relational perspective. (Diversity)

G5. Enhance students' ability to assist in exploring spiritual issues as presented by clientele.

G6. Impart critical thinking skills and tools to assist students in recognizing and successfully negotiating ethically-based challenges. (Ethics)

G7 Upon graduation will apply MFT knowledge and skills to the professional workforce. (Graduate Achievement)

#### **Student Learning Outcomes**

SL 1 (G1): Students have the basic core competencies to infuse systemic, relational, and biopsychosocial/spiritual perspectives into their academic work and clinical activities with individuals, couples, and families from diverse levels of the socioeconomic strata and with other marginalized groups (ethnic, cultural, religious, sexual orientation) as measured by 90 percent of receiving a score of 3.0 or better on the diagnosis, treatment planning, a systemic conceptualizing components of the main case study component of the comprehensive exam.

SL 2 (G2): Students have the basic core competencies to provide systemic and relational clinical activities from multiple philosophical and theoretical frameworks as measured by 90 percent of students receiving a score of 3.0 average out of 5 on the grading rubric on the treatment case study components of the comprehensive exam.

SL 3A (G3) Students have the basic core competencies to be discerning consumers of empirical research and/or program evaluation in their scholastic work and/or clinical services as measured by 90 percent of students receiving a grade of A- or higher on journal article analysis assignments' and 90 percent receiving a grade of B+ or higher on their Action Research proposal assignment.

SL 3B (G3) Students have the basic core competencies to be designers of empirical research as measured by 90 percent of students receiving a grade of B+ or higher on their Action Research proposal assignment.

SL 4 (G4) Students have the basic core competencies to recognize, articulate, and account for influences of contextual factors on client systems when working with individuals, couples, and families from diverse levels of the socioeconomic strata and with other marginalized groups (ethnic, cultural, religious, sexual orientation) and can adjust scholarship and clinical activities as appropriate with 90 percent of students receiving an average score of 3.0 out of 5 on the grading rubric for the cultural case study component of the comprehensive exam.

SL 5 (G5) Students will be able to integrate a client's spirituality into the context of therapy as evidenced by 90 percent of students receiving a score of 3.0 out of a possible 5.0 on the grading rubric component related to spiritual reflection on their final comprehensive theory paper.

SL 6 (G6) Students have the basic core competencies to account for the influence of higher order moral principles (i.e., beneficence, non-maleficence, autonomy, justice, and fidelity) and moral reasoning schemas (e.g., duty-based, ends-based, care-based, and/or narrative based) on moral/ethical decisions faced by clients and therapists as indicated by 90 percent of students receiving an average score of 3.0 out a possible 5.0 on the grading rubric for the complex ethical case study component of the comprehensive exam.

SL 7 (G7) Students graduating from the MFT program will become professional practitioners as measured by:

70 percent of graduates either pursuing doctoral studies or possessing Washington State credential as a Licensed Marriage and Family Therapist Associate (or comparable credential in a state other than Washington).

#### ADMISSIONS

Whitworth's MFT program is committed to creating a diverse community of scholars and faculty. Individuals from underrepresented populations are highly encouraged to apply. Contact the Assistant Director of Graduate Studies in Education for financial aid information related to this initiative.

#### **DEGREE AND PROGRAM OPTIONS**

Whitworth University offers two degree options for those seeking a graduate degree in the field of marriage and family therapy: Master of Arts in Marriage and Family Therapy/non-thesis option (a total of 64 semester credits) or Master of Arts in Marriage and Family Therapy/Thesis option (a total of 67 semester credits). Detailed descriptions of each of these options can be found in the university's general catalog or on the Whitworh web site at the following address:

https://www.whitworth.edu/cms/academics/graduate-studies-in-education/counselingand-therapy/marriage-and-family-therapy-ma

#### **REQUIRED PREREQUISISTES**

There are two prerequisites for the MFT program: Statistics and Abnormal Psychology. EDF 551 – Research Evaluation and Writing, assumes an understanding of statics used in social science research. Similarly, a basic understanding of abnormal psychology is assumed for EDF 504 Psychopathology & Assessment.

#### CRITERIA FOR FULL ADMISSION INTO THE MARRIAGE AND FAMILY THERAPY PROGRAM

Admission into the Therapy Program is based on the successful completion of a three-step process:

Step One:

- 1. Grade Point Average
  - a. An undergraduate GPA of 3.0 or above is deemed adequate for consideration of acceptance to the MFT Program.
  - Students with a GPA of 2.7 to 2.99 may be considered for restricted admission by submitting GRE or MAT scores. Students who do not desire to submit those scores may request consideration under alternate evidence.
  - c. Students whose GPA is below 2.7 are generally not considered for admission to the MFT program. Prospective students may take additional courses to increase GPA for eligibility.
- 2. Students with a GPA below a 3.0 are required to take the Graduate Record Examination (GRE), Miller Analogies Test (MAT), or submit a statement and supporting evidence that highlights the student's ability to succeed in graduate school (see application process for admission to Graduate Studies in Education).
  - Scores at or above the 25th percentile on the MAT or the GRE's Verbal, Quantitative, and Analytical subtests are considered adequate for consideration of acceptance into the MFT Program.
  - b. Students with scores between the 10th and 25th percentile may be granted restricted admission. To be considered for full admission, a student must successfully complete two graduate courses, each being three credits (for a total of six credits), with a "B" or better. These classes will be selected by the Admission Committee and must be taken at Whitworth University.
  - c. Students whose scores fall below the 10th percentile will not be considered for admission to the program and are encouraged to retake the GRE or MAT.
  - d. Alternative to GRE/MAT. Submit a statement with documenting evidence from three or more sources that supports your ability for success in graduate school. (Note: Evidence should address general verbal and mathematical ability, written communication and critical thinking. The statement may include previous performances in graduate-level courses, copies of research papers, professional writing, a sample of a statistical report, professional evaluations, or evidence of

high level of achievement in undergraduate program, or other appropriate indicators.

- 3. Technological Competency
  - a. Students should come into the program with basic technological skills in production software such as file management, Microsoft Word, Excel, PowerPoint, Internet browsing, e-mail, and library searches. Students will also need to gain the skills required to use Self-Service and Blackboard.

#### Step Two:

- 1. Recommendations
  - a. Students are required to submit three recommendation forms. Appropriate sources for these recommendations include employers or professors who can comment on the student's academic, professional, and relational skills. The Graduate Studies in Education Admissions office will provide the appropriate forms along with instructions for their completion.
- 2. Statement of Intent
  - a. Students are required to submit a statement that reflects their rationale for pursuing a graduate degree in MFT at Whitworth University. The statement should include specific professional goals and philosophy, and also a commitment of time for practicum and internship.
- 3. Professional Resume
  - a. Students are required to submit a resume of their pertinent work experience.

#### Step Three:

- Students who successfully meet the initial entrance requirements outlined in Steps One and Two may be invited to participate in an admissions interview process.
  - a. An interview is required prior to admittance. Applicants will interview with current faculty and staff. Applicants will have an opportunity to ask current students questions.
  - b. Admissions decisions will be made following the interview process.
- If admitted, students will enroll in the MFT Program's initial entry courses, EDF 502, Counseling Theories and EDF 501 Intro to Marriage and Family Therapy. To make satisfactory progress in the program, students must complete these courses with a "B" or better. Please note that a "B-" does not meet this standard.
- 3. Successful completion of all prerequisite course work with a "B" or better as outlined by the Admissions Committee.

#### STATEMENT OF PROFESSIONALISM

The MFT Program, along with its faculty, supports the highest level of professionalism as set forth by best practices in the field as well as the ethical standards of the American Association for Marriage and Family Therapy (AAMFT), and Whitworth University's standards for academic honesty. The program expects each student to be knowledgeable of these standards and to act in accordance with them. Beyond written standards set forth by related professional organizations, professionalism embraces a high standard for dispositions and interpersonal interaction that includes respect for people, processes, and property. The faculty expects prospective therapists to engage in behavior that reflects a high level of health and integrity. Students should be stable and psychologically well adjusted, and should possess effective interpersonal skills, a genuine concern for others, and an active commitment to personal growth and professional development. If mental health issues are a concern, students are encouraged to receive therapy themselves.

#### STUDENT ADVISEMENT

Under the direction of your advisor, you will:

- 1. Receive preregistration advisement and develop a degree plan that may include directives from the GSE Counseling Team. This comprehensive degree plan, if followed, will lead to the degree sought.
- 2. Review progress toward professional goals and degree, revising your study plan accordingly.
- 3. Receive information with regard to program procedures.
- 4. Be informed of new state requirements made after the comprehensive degree plan that may result in modifications to that plan.

Please note: It is the student's responsibility to stay in close contact with his or her advisor, keeping them abreast of any changes in student record information (i.e., address, phone number) and updating alterations made to the study plan. This latter issue is especially important given that not all courses are taught each semester. Altering the study plan without assistance from the academic advisor may inadvertently result in scheduling difficulties that, in turn, will affect the student's proposed graduation date. Students are expected to track their progress by accessing the Self-Service program evaluation tool:

https://selfserv.whitworth.edu:8173/Student/Account/Login?ReturnUrl=%2fstudent

#### **DEGREE PLAN**

A degree plan should be reviewed with your advisor the first semester of enrollment in the program. The degree plan can be found in Self Servie on the Whitworth website. Your advisor will train you on how to use this software program. The degree plan should be used to help students plan their enrollment and subsequent semesters. The majority of students complete their degrees in 23 months. A slower option is available to students requesting it. Students desiring an alternative timeline to graduation should meet with their advisor to develop an individually tailored degree plan. Students must complete their degrees in six years or less.

#### POLICY FOR PROGRAM CHANGE

School Counseling and MFT represent two distinct specialty areas within the field of professional therapy. For this reason, students who are interested in changing the emphasis of their education and training should complete the following steps:

- 1. Schedule a meeting with their advisor.
- 2. Schedule a meeting with the Program Director in the new program.
- 3. Submit a statement from a key faculty member that supports the change in program focus.
- 4. Submit a signed statement that speaks to the personal and professional reason(s) for the student's proposed change. Requests for transfer will be considerd by the receiving program's faculty.
- 5. <u>If</u> accepted into the new program, meet with an academic advisor to develop a new comprehensive study plan.
- 6. Complete the prerequisites for the program.

#### **COURSE INFORMATION**

Students should be aware of registration procedures required for several courses that may be needed for degree completion or certification. Please note the following:

- 1. Please help the program to plan ahead to meet student needs. Given that there is limited enrollment in each of the courses listed below, you must adhere to the following procedure to secure yourself a space in each of the courses.
- 2. Make an appointment to see your academic advisor mid-semester, the semester PRIOR to the semester when you wish to actually take one of the courses listed below.

EDF 503: Counseling Process (limit of 25)EDF 581: MFT Practicum (limit of 6 per section)EDF 582/583: Counseling Internship I & II: MFT (limit of 6 per section)

3. Please note that the following courses that focus on assessment or include special activities (i.e. Simulation provided by outside organization) have fees which cover the cost of test protocols, software subscriptions, upkeep for assessment kits, and contractual fees.

EDF 553:	Intro to Marriage and Family Therapy
EDF 543:	Social and Cultural Considerations in Counseling
EDF 504:	Psychopathology and Assessment
EDF 522	Theories of Couple and Marriage Therapy
EDF 581	Practicum in MFT
EDF 582/583	Internship in MFT
EDF 597	Exit Exam

#### ACADEMIC STANDING AND RETENTION

The policy of the therapy programs stipulates that students enrolled in the program must have a 3.00 grade point average in order to graduate. All classes require a "B-"or higher to pass.

For the following core courses, students must earn a "B" or better (a "B-" does not meet this standard): EDF 502 Counseling Theories, EDF 503 Therapy Process, EDF 531 Intro to Group Therapy, EDF 504 Psychopathology and Assessment, EDF 521 Family Systems Theory, EDF 523 Theories of Family Therapy, EDF 522 Theories of Couple and Marriage Therapy, and EDF 524 Human Sexuality and Sex Therapy. The lowest acceptable grade in the program's practicum and internship experiences is a satisfactory.

Whitworth University is committed to providing students the tools to succeed in their academic programs. Students struggling academically, emotionally, or relationally are highly encouraged to meet with their advisor or the Program Director to develop a retention plan to ameliorate issues impairing success in the program. This retention plan will be documented on the Student Concerns Checklist. Students whose grade in a particular class is lower than the stipulated minimum may petition the MFTProgram Director to retake the course one time, and one time only, to improve their grade.

#### **RESEARCH REQUIREMENT**

In addition to successful completion of all required courses in the MFT Curriculum (See appendix C), successful completion of a graduate therapy program at Whitworth University requires the student to demonstrate competency in research methods. This competency can be demonstrated in one of two forms: thesis or defense of a research proposal.

#### **Option One:**

Should you plan to do a thesis, you must have taken (or be concurrently enrolled in) EDF 552, Research for Counselors. Professionally, the thesis option is considered to be the best choice if you plan to continue graduate studies. Prior to commencing with any research, students must have a thesis advisor and two additional thesis committee members and secure the approval of the Institutional Review Board (IRB) for research involving human subjects. More information can be found on the following website: <a href="https://www.whitworth.edu/Administration/AcademicAffairs/SponsoredPrograms/IRB/PDF/IRBPolicy.pdf">https://www.whitworth.edu/Administration/AcademicAffairs/SponsoredPrograms/IRB/PDF/IRBPolicy.pdf</a>

Initiation of research activity before receipt of consent from the thesis chair and the IRB could result in dismissal from the program. Working closely with your thesis advisor throughout the project will ensure a successful defense of the research project. Please be advised that you must sign up for a total of six (6) thesis credits (EDF 553/554). To receive credit for the first three (3) credits, students must have their proposal accepted by the thesis committee. To receive credit for the final three (3) credits, fall semester students must successfully complete an oral defense of the research study. Students should start the proposal process during the semester he or she is enrolled in practicum. Those choosing to do so at a later date may, in effect, postpone their graduation date. Students start the thesis procedure by checking in with their academic advisor for paperwork and guidance in obtaining committee members.

#### **Option Two:**

As part of EDF 552, Research for Therapists, students will develop a quantitative research proposal. The content of the proposal is the same as the Thesis proposal. Students will not need to submit this proposal to the IRB as the student will not actually conduct the research. As part of the course requirements of EDF 552, the student must successfully defend his or her proposal before program faculty.

The instructor of your research class will assist you in developing your research proposal and ensure that it is in the appropriate format. Throughout the writing

process, you are expected to work closely with your professor and follow his or her directives.

#### MARRIAGE AND FAMILY COMPREHENSIVE EXAM

Students will be required to successfully complete a comprehensive exam over material covered in the Social and Cultural Considerations in Therapy, The Therapist as and Ethical Professional, Family Systems Theory, Theories of Family Therapy, Theories of Couples and Marriage Therapy, and Human Sexuality & Sex Therapy, and Psychopathology and Assessment classes (EDF 543, EDF 542, EDF 521, EDF 523, EDF 522, EDF 524, and EDF 504). The exam will be multiple choice, fill-in-the-blank, and short answer (Family Systems Theory) or essay and case analysis in nature (all other sections). Each exam will be evaluated by the faculy member responsible for the exam content area. The faculty members will assign a score between 0-5 which correcsponds with an overall score of "Exceptional Pass," "Pass," "Marginal Pass," or "Fail." Should a student receive a score of less than 3.0 a score of "Fail" will be assigned and a second faculty members will evaluate that section of the exam. Students must receive a score of "Marginal Pass" or better from one of the two faculty evaluators on each area to successfully complete the exam. Students who fail one or more areas of the exam will be given one re-take opportunity. The student who are unsuccessful a second time will be required to take/re-take additional coursework before being allowed to make further attempts to pass the exam.

#### **OVERVIEW OF THE FIELD EXPERIENCES**

Early planning for practicum and internship experiences is extremely important. If you are working full-time upon your acceptance into the Marriage and Family Therapy Program you will need to make adjustments in your schedule. The time commitment required during your internship will make it exceedingly difficult for you to work full time so you need to plan ahead for this experience. Clinical training spans a minimum of **15 months**. Students are required to have **400** hours of direct service during this experience. Of those 400 hours, **150** hours must be completed by providing relational therapy (couples or families). The MFT program at Whitworth has adopted the COAMFTE definition of relational hours – "clinician delivers services with with two or more individuals conjointly, who share an ongoing relationship beyond that which occurs in the therapy experience itself."

Students must receive **100** hours of individual (max ratio of 2:1)or group (no more than **6:1** ratio) supervision from an MFT supervisor over the course of their clinical training. At least **50** hours of supervision must include supervision using "Observable data" such as videos, live supervision of work, co-therapy with an MFT supervisor. Supervision

must be consistent throughout the time a student is in clinical training. During planned breaks, MFT supervisors will continue to provide supervision, though it may be on a revised schedule. Assigned MFT supervisors will be available for phone or Zoom supervision during both planned and unplanned interruptions.

If you are the owner or primary supervisor of an agency you will not be allowed to do your internship at your agency because it would cause a conflict of interest for employees to supervise you. Failure to make provisions for the future may create difficulty in completing the program successfully.

Prior to progressing into the clinical phase of training, students will interview with program faculty and possibly members of the MFT Advisory Board. This will normally occur in November of the first fall semester. Recommendations will be forwarded to the Program Director and program core faculty who will make final determination regarding acceptance into clinical training. Students who fail to pass the faculty review will be reconsidered one time after completing another year of classes. Failure to pass a second review will result in dismissal from the program.

Those students who wish to complete field experiences at their current place of employment must submit written request to the Clinical Director one semester prior to the commencement of the field experience. It should be noted that this practice is discouraged for a variety of reasons. However, program faculty may be willing to make exceptions when the student's work site is able to accommodate for requirements posed by the field experience.

#### Placement

Practica are currently offered in selected clinical agencies. The program clinical director, in conjunction with other program faculty, is responsible for finalizing the placement of students in appropriate sites. Currently Dr. Jones serves as the clinical director. Site selection is determined by each student's professional goals, past experience, and level of expertise and availability of community sites. A list of approved sites will be provided for you by the MFT faculty or staff. After identifying sites of interest and receiving approval by the Clinical Director, students will need to submit a Declaration of Intent form to the MFT Program Assistant. The Program Assistant will track the number of students applying to each site and where final placements have been made. Please keep the Program Assistant informed of the progress of your application, interview, and acceptance status for all sites listed on your intent form. Before setting up an interview with the potential site supervisor, you will need permission from the Clinical Director. The student is responsible for setting up an

interview with the potential site supervisor and providing them with a current resume. Students are responsible for communicating results of interviews to Clinical Director.

Students will also complete a portion of their clinical training in the Whitworth Marriage and Family Therapy Center. Students are required to be available a minimum of 5 hours a week for clients in the MFT Center, Students will coordinate their clinical schedule with the Center Director prior to the start of their practicum experience.

#### Supervision

Supervision at clinical sites is provided by practitioners licensed in the fields of marriage and family therapy, clinical psychology, social work, and clinical mental health counselors. When possible, sites with supervisors that are LMFTs and Approved Supervisors or Supervisor Candidates will be given preference in intern assignments. When they are not available, site supervisors will be licensed in the fields mentioned above and meet the states requirement of at least two years of experienced as a fully licensed independent practitioner. Sufficiency of supervisors is assessed through the MFT Student Advisory Group process and through the Completer Survey.

#### **Ethical Standards**

Students are expected to have a working knowledge of and abide by the ethical standards that govern professional practice (AAMFT ethical standards) throughout their fieldwork experiences. Should any concerns with regard to appropriate behavior under specific circumstances arise, students are to immediately contact their University supervisor. A breech of any ethical standard may result in termination from the MFT program.

#### **Professional Liability Insurance**

Litigation involving counseling professionals has increased dramatically over the past few years. Adherence to professional ethical standards, as well as high standards of personal and professional conduct, are the best ways to avoid such litigation. Sometimes, however, despite best efforts, litigation becomes a reality. This fact has prompted wise and prudent practitioners to obtain professional liability insurance. The MFT program requires each student enrolled in a field experience to purchase a liability policy. The policy must be active prior to engaging in the field experience. As of the time of the writing of this handbook, AAMFT provides liability insurance free of charge to those with a student membership in AAMFT. Insurance can also be obtained through other professional organizations for a reasonable cost to student members. Students are required to submit a copy of their policy binder to the practicum professor prior to seeing clients.

#### Background Check

All MFT students are required to receive clearance from the Whitworth Human Resources office prior to engaging in clinical work. It is recommended that students begin this process in the first summer semester to ensure it is completed before enrolling in practicum. There is a fee required for the background checks, which is included in your course fees. Background checks are conducted by the Federal Bureau of Investigations and are coordinated through the Program Director.

#### **Completion Policy**

Students who do not complete a course, for personal reasons (e.g., health concerns, death in the family), may leave the program prior to completing the clinical experiences and receive an "I "(incomplete). Please note, that work must be completed by six weeks into the next full semester or the "I" changes to an "F". Students wanting to return to the program after being absent for one or more years must submit a new application to the program. Entrance is not guaranteed. If admitted, students are responsible for satisfying current program requirements.

#### POLICY CONCERNING EXTRACURRICULAR THERAPY

Students enrolled in the program often have opportunities to become involved in professional therapy activities that are separate and apart from required program activities. These opportunities are called "extracurricular" therapy activities. They are considered extracurricular because they are neither conducted under the auspices the MFT program nor are they officially supervised by those professionals associated with the program. All non-program therapy activities fall under this definition, regardless of whether the students receive pay for the provision of such services.

Whitworth University assumes responsibility for students' therapy activities only within the limits of program requirements. Therefore, be advised that if you choose to engage in extracurricular therapy activities, you do so without university sanction. Moreover, use of university resources (e.g., physical facilities, materials) by students for extracurricular therapy activities is strictly prohibited.

The MFT Program neither encourages nor discourages students from engaging in extracurricular therapy activities. However, the program does require the student planning to engage in such activities to inform the Program Director, in writing, prior to the commencement of the activities. Please note that this requirement applies to all students officially enrolled in the program, regardless of whether they are currently enrolled in classes at Whitworth or not.

#### **PROFESSIONAL LICENSURE**

Completion of a degree does not guarantee a license. Each state has its own academic and clinical requirements. The student is responsible for applying for appropriate licensure and for passing state specific exams. The degree will help students prepare for exams. The faculty believes that attainment of professional status through licensure is an essential aspect of professionalism itself. Therefore, students are encouraged to plan their academic programs in such a manner as to be eligible for appropriate professional credentials and to actively seek such after graduation. Qualification and restrictions should be discussed with your advisor/Program Director.

REMEMBER: Save all course syllabi; copy of university catalog effective when at Whitworth, and documentation from field experiences for the duration of your professional career. You may need them in the future to verify that you have completed requirements for various certifications or licensure.

The following is a description of several licensure options available to students.

#### Licensed Marriage and Family Therapist

The state of Washington grants licensure of therapists under the title Licensed Marriage and Family Therapist. Licensure holds greater weight than certification and is NOT automatic upon graduation from the program. Students must complete the following five steps before receiving licensure:

- Apply to the State of Washington Department of Health, Health Professionals Quality Assurance Division, Marriage and Family Therapist Certification, P.O. Box 1099, Olympia, WA 98504-1099
- 2. Pass a national MFT examination (Association of Marital and Family Therapy Regulatory Boards -- AMFTRB).
- 3. Complete four hours of AIDS education.
- 4. Complete six hours of suicide prevention training.
- 5. Acquire 3,000 hours of post-master's supervised therapy experience (1,000 of direct services, with 500 hours providing therapy to couples or families).

6. Obtain 200 hours of supervision from an approved supervisor. 100 of those hours must have been received from an LMFT who meets the requirements of a supervisor. (See WAC 246-809-134 for current requirements.)

As a graduate of a COAMFTE program, you will be credited with 500 hours of post graduate direct service and 100 hours of post-graduate supervision.

#### Licensed Mental Health Counselor

Students desiring licensure as a Mental Health Counselor in a state other than Washington may need to take a few additional classes to do so. If interested, see the Program Director for more information.

#### **PROFESSIONAL ORGANIZATIONS**

Graduate students in Marriage and Family Therapy at Whitworth University have a number of opportunities for personal and professional development. The following are examples of organizations in which students are encouraged to participate.

#### American Association for Marriage and Family Therapy

The American Association for Marriage and Family Therapy (AAMFT) is the professional association for the field of marriage and family therapy. It represents the professional interests of more than 25,000 marriage and family therapists throughout the United States, Canada and abroad. The association facilitates research, theory development and education. It develops standards for graduate education and training, clinical supervision, professional ethics and the clinical practice of marriage and family therapy. The AAMFT hosts an annual national training conference each fall as well as a week-long series of continuing education institutes in the summer and winter. They publish the scholarly research journal *Journal of Marital and Family Therapy*, news about the field in *Family Therapy Magazine*, and a variety of brochures and pamphlets that inform the public about the field of marriage and family therapy. Members may also receive reduced cost professional liability insurance through an independent insurance provider. Also, AAMFT offers a range of professional and practice development products, including videotapes, books and brochures.

#### Washington Association for Marriage and Family Therapy

The Washington Association for Marriage and Family Therapy (WAMFT) was formed to address issues at the state level. The WAMFT serves as an umbrella organization that meets the specialized interests of MFTs in diverse work settings. Benefits of membership include a membership directory, newsletter, annual conference, legislative lobbying, and professional networking opportunities.

#### American Counseling Association

The American Counseling Association (ACA) is a professional organization representing the interests of counselors and counselors-in-training nationwide. Various branches of ACA support the special interests (e.g., school counseling, career counseling, education and supervision of counselors, family counseling) of its diverse membership. As a student, special discounts can be obtained on membership, liability insurance and up-to-date counseling resources. Included among the many resources are video and audio tapes, books, journals, and affective education materials. ACA is also instrumental in the enhancement of academic training through developmental workshops presented by leading experts in the field. Other ACA membership benefits include job search assistance through database systems and job postings found in the ACA monthly newspaper entitled, Counseling Today.

#### Washington Counseling Association

The Washington Counseling Association (WCA) was formed to address issues at the state level. The WCA serves as an umbrella organization that meets the specialized interests of counselors in diverse work settings. Benefits of membership include a membership directory, newsletter, annual conference, legislative lobbying, and professional networking opportunities.

#### FACULTY RESPONSIBILITIES

In addition to general legal and ethical parameters that guide the behavior of practitioners, therapist trainers and supervisors are further bound by the ethical guidelines of the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) and the Association for Counselor Education and Supervision (ACES). Five areas of responsibility are outlined below. This information is provided to assist students in understanding the policies and procedures adhered to by Whitworth's MFT program with regard to student remediation, retention, and due process.

1. Faculty has an ethical responsibility to accept only those students who meet entry- level requirements for admission into the training program or applied therapy setting.

- 2. Faculty are responsible for assessing each student's skills and experience and should choose for the student only those activities that are commensurate with the student's assessed level of competence.
- 3. When it has been determined that deficits exist that impede the student's professional functioning, faculty members have the responsibility to recommend remedial assistance. If the area of concern centers on personal understanding and problem resolution, faculty may recommend participation in activities designed to facilitate personal growth.
- 4. Should faculty concerns not be adequately addressed, faculty have the responsibility of screening from the program, applied therapy setting, or state licensure or certification those students unable to provide competent and ethical professional services.
- 5. Faculty has the responsibility of providing the student with information concerning due process.

#### ROLE OF FACULTY VERSUS SUPERVISORS

The role of classroom faculty is to teach content that is critical to the professional development of the student. Classroom faculty also refine therapy skills in the classroom that will later be used in clinical settings. Classroom faculty assign grades based on student performance.

The supervisor role is to refine and expand therapy skills taught in the classroom. The supervisor helps student therapist conceptualize and plan therapy strategies from multiple perspectives, and to broaden student areas of competency. There is an evaluative role in the supervision that assesses skill competencies throughout the clinical experience, but that evaluative role does not result in assigned grades for a class. Supervisors have a primary role of ensuring that student therapists provide services in a manner that is safe, effective, and ethical, while mentoring the student therapist towards independent practice.

#### MFT STUDENT ADVISORY GROUP

Student advisory group consisting of two or three members from each cohort (selected by Program Director) will meet with the program director at the end of each fall and spring semester to identify concerns and recommendations for program improvement. The program director in coordination with School of Education Dean and Associate Dean will develop a plan to remediate concerns.

#### STUDENT CONCERNS AND COMPLAINTS

Students are encouraged to resolve student concerns and complaints at the source of the concern or complaint. If resolution cannot be found between the student and other

party, the student with the complaint is encouraged to follow the chain of command for the program (Program Director, Associate Dean, Dean, Associate Provost for Instruction)

Whitworth University seeks to resolve all student concerns in a timely and effective manner. To that end, the following contact information and resources at Whitworth University are available to current and prospective students for the resolving of complaints. Links are provided to the appropriate Whitworth website for more information on contacts at the university.

#### Academic Affairs (academic programs, accreditation)

509.777.4402 <u>shill@whitworth.edu</u> www.whitworth.edu/academic

#### Admissions (admissions eligibility)

509.777.4580 gorwig@whitworth.edu www.whitworth.edu/admissions

#### **Business Office (tuition/fee payments)**

509.777.4324 dfreeborn@whitworth.edu www.whitworth.edu/studentaccountingservices

#### Financial Aid (loans, scholarships, grants)

509.777.4335 tstensland@whitworth.edu www.whitworth.edu/financialaid

#### **Registrar (academic records)**

509.777.4548 jortiz@whitworth.edu www.whitworth.edu/administration/registrarsoffice

#### Student Life (student and campus life)

509.777.4535 <u>rrhodes@whitworth.edu</u> www.whitworth.edu/administration/studentlife

The university encourages students to work through internal university processes for resolution of complaints. If a student believes that the university's procedures have not adequately addressed concerns identified under the Program Integrity Rule, the following links and contact information is provided.

#### **General and Out-of-State Distant Education**

Washington Student Achievement Council 917 Lakeridge Way SW Olympia, WA 98502 360.753.7800 <u>www.wsac.wa.gov</u>

#### Academics

Northwest Commission on Colleges and Universities (NWCCU) 8060 165th Avenue NE Suite 100 Redmond, WA 98052 425.558.4224 (voice) 425.376.0596 (fax) www.nwccu.org

#### **State Student Aid**

Washington Student Achievement Council P.O. Box 43430 Olympia, WA 98504-3430 360.753.7800 <u>www.wsac.wa.gov/</u>

#### STUDENT RETENTION POLICY

Students must recognize that academic performance represents only one criterion for continuation in the program. The successful graduate is one who has:

- 1. Successfully completed all academic tasks (including comprehensive exam).
- 2. The ability to apply theory to practice.
- 3. Displayed appropriate professional dispositions including stable and psychologically well-adjusted behaviors.
- 4. Consistently demonstrated high standards with regard to ethical and professional conduct as reflected in relationships with faculty, staff, peers, and clients.

Faculty are charged with the responsibility of evaluating students on all dimensions of the above four criteria throughout their participation in the program. Evaluation is therefore viewed as a process rather than a singular event.

In addition to receiving a grade reflecting academic achievement in each course, program faculty will observe students' progress in developing professional dispositions which will be focused on personal and professional characteristics. Assessment of dispositions will be used to advise and assist students in developing more appropriate professional behavior.

#### **Student Retention Procedures**

Whitworth's MFT program, in compliance with respective ethical standards, standards of preparation, and professional conduct codes as set forth by AAMFT and abide by the following retention plan for its students.

If, in the professional judgment of program faculty, a student's behavior is deemed inappropriate or professionally unbecoming, the following steps will be taken:

- The faculty member who has become aware of the problem will complete a concern checklist form outlining his/her concern and/or complete a candidate disposition form, meet with the student to review concerns and offer specific suggestions for remediation. A copy of the concerns checklist along with meeting notes will be forwarded to the student's academic advisor.
- 2. Should the advisor receive two concerns checklists about a student, the student will be informed in writing and an appointment with the Associate Dean for Graduate Studies in Counseling and Leadership, the Program Director, and concerned faculty will be arranged. During the meeting, a remediation plan will be crafted to address the behavior in question.
- 3. In the event that three or more concerns checklists are received, the Associate Dean for Graduate Studies in Counseling and Leadership and the Program Director will be notified and given copies of the letters. The Associate Dean for Graduate Studies in Counseling and Leadership or the Program Director will then present the situation to the MFT Core Faculty for further review and investigation. As a part of the investigation, the student will be given the opportunity to interview with the faculty.
- 4. Following the investigation, the MFT Core Faculty will make recommendations that may include remediation of behavior. This will be done only when the team feels that such recommendations would result in satisfactory resolution. However, if the student has breached any of the ethical codes of the profession, a different course of action may occur. The faculty takes seriously its ethical responsibility to recommend professionals. Consequently, it may be determined that the student's

discontinuation in the program is necessary. This is a likely occurrence should the team conclude that the student's behavior was of a serious nature making service in the MFT field questionable.

- 5. The MFT Core Faulty's report of findings and recommendations will be shared with the Associate Dean for Graduate Studies in Counseling and Leadership and Program Director in a closed meeting (e.g., faculty members only).
  - 6. Following faculty action of the MFT Core Faculty, Program Director, Associate Dean, and student will meet to review conclusions and recommendations. The Associate Dean for Graduate Studies in Counseling and Leadership and Program Director are then charged with the responsibility of monitoring the student's progress toward fulfilling the Core Faculty's recommendations.
- 7. If the student is not satisfied with the Core Faculty's decision, the student may choose to appeal the decision to the Dean of the School of Education.

#### ACADEMIC APPEAL POLICY

The academic appeal policy for graduate students is set up to handle two specific occurrences during the education process at Whitworth University. The first occurrence relates to academic appeals concerning course grades, while the second relates to student dismissal from Whitworth's MFT program for reasons other than academic performance.

#### **Course Grade Appeals**

The academic appeals policy concerning course grades has been designed to assist graduate students who believe that the grade received in a graduate course does not accurately reflect their level of achievement. That policy is:

The right of appeal, through instructors/professors/deans in the following order, is available for students who feel they have received an unfair grade:

- 1. the instructor of the course
- 2. the program director
- 3. the dean or dean's designee of the school

#### **Student Suspension or Dismissal Appeals**

The second academic appeal process concerns student denial of acceptance into the MFT program or dismissal from the program after acceptance for reasons other than academic performance. That policy can also be found in the catalog. The policy states:

Discuss the issue first with the program director; the right of appeal is available to all students if the appeal is presented in writing within three weeks of the incident, to the following people in the following order:

- a) the Program Director
- b) a committee composed of the dean of the school, the director/chair of the program, and representatives of the program
- c) the Educational Review Board

#### Denial of Admission to the Marriage and Family Therapy Program

The Marriage and Family Therapy program is highly competitive for admissions. Students who apply to Whitworth's MFT program and complete all prerequisites for consideration will receive a letter from the Graduate Studies in Education office notifying them of the Admission Committee's decision. Should a student be denied admission, faculty will assist in facilitating the students' transition into a more appropriate degree program. For students who wish to challenge the committee's decision, a process has been established to review student concerns. Students are directed to begin at the first level of the process and progress to the next level only in the event that they feel their concerns have not been adequately met. The steps are as follows:

- 1. Submit a written request to the Associate Dean asking for reconsideration of their denial. That request should include information not available to the program admissions committee at the time of the interview.
- 2. Following reconsideration, if the student continues to be denied admission and wishes to further challenge the committee's decision, they should contact the Dean of the School of Education, and if deemed necessary, a meeting of the Appeals Committee will be held. Once a decision is made by the School of Education Appeals Committee, their decision is final.

#### **Dismissal from the MFT Program**

Grounds for dismissal from the MFT Program typically involves inappropriate behavior, unprofessional conduct/dispositions, unethical conduct and/or poor academic performance. Failure to successfully achieve program benchmarks including successful completion of interviews for practicum/internship may also be grounds for dismissal. Dismissal will typically follow inadequate resolution of the student retention process. Should the student wish to challenge dismissal he or she will be required to follow the appeal procedure outlined above.

#### ACADEMIC HONESTY

Just as the faculty, staff, and administration at Whitworth strive to be forthright, direct and honest, and to value integrity in all their dealings, the university expects all students to function in like manner. Students are expected to adhere to the highest standards of academic honesty and to refrain from any dishonest or unethical action. In all academic exercises, examinations, papers, and reports, students are expected to submit their own work. They are also expected to refrain from assisting other students in work that is expected to be his or her own work. The use of the words or ideas of others is always to be indicated through an acceptable form of citation. This policy will be specified in the syllabus for each course.

Definition of plagiarism: Plagiarism occurs whenever a person attempts to pass off as his or her own work, either verbally or in writing, the words and ideas of others. Plagiarism most often occurs in projects that require independent preparation (outside of class); although it can occur in essay examinations, this is not generally the case. Plagiarism can be either inadvertent (a failure to understand the responsibility for acknowledgment or the means by which acknowledgment should be made) or willful (with a conscious intent to deceive).

Definition of cheating and dry-labbing: Cheating is any academic activity in which the student submits for grade or credit work that is not his or her own and/or work that has not been done within the structure and context established by the assignment. Students may plagiarize in a variety of ways: copying another student's homework, copying answers from another student's test, bringing unauthorized notes or materials to an exam, copying another student's lab notes, or making up fictitious lab results (also known as "dry-labbing"). Students who provide assistance to other students on exams are also guilty of cheating. All cheating is regarded as willful deception.

#### **Consequences of Violations of the Policy on Academic Honesty**

- 1. The faculty member will confront the student(s) in cases of suspected violations of the policy on academic honesty and will keep a written record of the incident.
- 2. The faculty member will assess the gravity of the violation and determine the consequences, which may range from a failing grade on a specific assignment to a failing grade in the course.

- 3. The faculty member will submit a written report of policy violations, with their consequences, to the Associate Provost of Instruction in the academic affairs office.
- 4. The student has a right to appeal any faculty member's decision by submitting a written appeal to the Associate Provost of Instruction.
- 5. The Associate Provost of Instruction may then review the appeal in consultation with the Academic Policies & Appeals Committee, if deemed necessary. All decisions of the Associate Provost of Instruction and the Academic Policies & Appeals Committee will be final.
- 6. The student will receive a warning after the first violation.
- 7. All violations of the academic honesty policy become a part of the a student's eduacitonal record. More than one violation may result in behavioral suspension for the renmainder of the current term or for a longer period, depending on the nature of the violation

#### SPECIAL NEEDS AND ACCOMMODATIONS

Whitworth University is committed to providing its students access to education. If you have a documented special need that impacts your ability to learn and perform to your potential in the classroom, you will need to contact the Educational Support Office in Student Life to identify accommodations that are appropriate. Contact Information Katie McCray, Coordinator Phone: 509.777.3380 Email: kmccray@whitworth.edu

#### TITLE IX:

Whitworth University faculty members are committed to the well-being of each student. It is common for students to discuss non-course related issues with faculty and, when possible, faculty will keep such conversations strictly confidential. However, because federal law views faculty members as mandated reporters of any incidents of sexual misconduct, if a student informs a faculty member of an issue of sexual harassment, sexual assault, or discrimination, the faculty member is required by federal law to bring it to the attention of the Title IX Coordinator, Rhosetta Rhodes. The Title IX Coordinator will make the student aware of all options and resources available to them under Whitworth University policies and under the law. There are Whitworth University employees whom federal law does not view as mandatory reporters, to whom a student could speak without the conversation being reported to the Title IX Coordinator. These include counselors in Counseling Services, and any of the university chaplains on the staff of Campus Ministries. Contact Information Rhosetta Rhodes, Title IX Coordinator, Vice President for Student Life and Dean of Students Phone: 509.777.4238 Email: titleixcoordinator@whitworth.edu Counseling Center: 509-777-4450; Schumacher Hall. Campus Ministries: 509-777-4345; Seeley G. Mudd Chapel

#### NON-DISCRIMINATION

Whitworth University is committed to delivering a mission-driven educational program that cultivates in students the capacity to engage effectively across myriad dimensions of diversity. Whitworth University is committed to the fair and equal treatment of all students in its educational programs and activities. The University does not discriminate against students based on race, color, national origin, sex, gender identity, sexual orientation, religion, age, or disability and complies with all applicable federal or state non-discrimination laws in its instructional programs.

The MFT program is committed to expand student's understanding of diversity and inclusion. The definition of diversity used in the Marriage and Family Therapy program is extrapolated from the University's definition and it is delineated below:

Diversity is the presence and participation of people who differ across multiple dimensions of real and socially constructed expressions of human experience including but not limited to race, ethnicity, age, disability, gender, gender identity, sexual orientation, religion, spiritual beliefs, and socioeconomic status.

#### FAIR AND EQUAL TREATMENT

Whitworth University professors strive to treat all students fairly and equally, applying the same rigorous standards and expectations to each of our students and working to invite students from all backgrounds into the challenges and rewards of our academic disciplines. Students who have concerns about classroom fairness should contact Dr. Randy Michaelis, McEachran Hall 218, 509.777.4402, rmichaelis@whitworth.edu.

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### **APPENDIX A**

School of Education Conceptual Framework



School of Education

#### SCHOLARS | COMMUNITY MEMBERS | ADVOCATES EFFECTIVE PRACTITIONERS | VISIONARY LEADERS

#### MISSION

The Whitworth University School of Education prepares socially-just and inclusive teachers, counselors, therapists, and administrators to be educators of mind and heart who are scholars, community members, effective practitioners, visionary leaders, and advocates.

#### VISION

The Whitworth University School of Education provides opportunities to integrate theory and practice in diverse settings through the study of established and emerging content as well as through pedagogical and professional knowledge.

**SCHOLARS** possess current knowledge of the content areas in which they work, understand the connections between disciplines, use tools of inquiry, and pursue ongoing learning as existing fields of knowledge evolve and grow. Scholars are innovative and strengthen their existing knowledge base through continuous intellectual and scholarly growth based on current research, study of their own practice, analysis of data collected, and application of data to solve problems in their respective fields of study.

**COMMUNITY MEMBERS** develop and sustain intentionally collaborative relationships among colleagues, students and their families, clients, administrators, and community partners. Community members understand their roles as professional colleagues in schools, communities, and professional organizations. They actively help to shape the culture of classrooms, schools, and agencies to reflect the values of our democratic society. They model respectful, caring, and professional behaviors that foster trusting and inclusive environments.

**EFFECTIVE PRACTITIONERS** are prepared to analyze situations, set goals, plan and monitor actions, assess outcomes, and reflect on their professional thinking and decision making using formative and summative data. They are committed to culturally responsive and relevant practices that are engaging and shape purposeful, continuous growth. Effective practitioners demonstrate proficiency in the selection and differentiation of materials, strategies, and assessment practices that are appropriate for the diversity of the individuals they serve.

**VISIONARY LEADERS** articulate a vision and philosophy for their professional practice inclusive of a belief in the worth and ability of each human being. They build a framework to guide personal and professional decision making and development for the benefit of their professional and learning communities. Visionary leaders contribute to society by modeling transformational and servant leadership that emerges from their personal beliefs and worldview perspective.

**ADVOCATES** demonstrate a sincere and equitable commitment to the social-emotional well-being and physical safety of those they serve. They pay attention to the role diversity, including gender, sexual orientation, ability, ethnicity, race, culture, religion, and socio-economic status, brings to learning and the community. Advocates understand and respect the inter-connected, global nature of society and encourage sustainable practices designed to preserve our world for future generations. In the Christian tradition of servant leadership, advocates seek opportunities to assist, encourage, and support all those under their care in a manner that leads to transformation in the lives of those they serve.

## **APPENDIX B**

Program Core Competencies

Domain	1:	Admission	to	Treatment
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Number	Subdomain	Competence
1.1.1	Conceptual	Understand systems concepts, theories, and techniques that are foundational to the practice of marriage and family therapy
1.1.2	Conceptual	Understand theories and techniques of individual, marital, couple, family, and group psychotherapy
1.1.4	Conceptual	Understand the risks and benefits of individual, marital, couple, family, and group psychotherapy.
1.2.2	Perceptual	Consider health status, mental status, other therapy, and other systems involved in the clients' lives (e.g., courts, social services).
1.3.1	Executive	Gather and review intake information, giving balanced attention to individual, family, community, cultural, and contextual factors.
1.3.2	Executive	Determine who should attend therapy and in what configuration (e.g., individual, couple, family, extra familial resources).

### **Domain 2: Clinical Assessment and Diagnosis**

Number	Subdomain	Competence
2.1.2	Conceptual	Understand the major behavioral health disorders, including the epidemiology,
		etiology, phenomenology, effective treatments, course, and prognosis.
2.1.3	Conceptual	Understand the clinical needs and implications of persons with comorbid disorders (e.g., substance abuse and mental health; heart disease and depression).
2.1.4	Conceptual	Comprehend individual, marital, couple and family assessment instruments appropriate to presenting problem, practice setting, and cultural context.
2.1.5	Conceptual	Understand the current models for assessment and diagnosis of mental health disorders, substance use disorders, and relational functioning.
2.2.1	Perceptual	Assess each client's engagement in the change process.
2.2.3	Perceptual	Develop hypotheses regarding relationship patterns, their bearing on the presenting problem, and the influence of extra-therapeutic factors on client systems.
2.3.1	Executive	Diagnose and assess client behavioral and relational health problems systemically and contextually.
2.3.2	Executive	Provide assessments and deliver developmentally appropriate services to clients, such as children, adolescents, elders, and persons with special needs.
2.3.3	Executive	Apply effective and systemic interviewing techniques and strategies.
2.3.5	Executive	Screen and develop adequate safety plans for substance abuse, child and elder maltreatment, domestic violence, physical violence, suicide potential, and dangerousness to self and others.

2.3.6	Executive	Assess family history and dynamics using a genogram or other assessment	
		instruments.	
2.3.7	Executive	Elicit a relevant and accurate biopsychosocial history to understand the context of the	
		clients' problems.	
2.3.8	Executive	Identify clients' strengths, resilience, and resources.	
2.4.4	Evaluative	Assess the therapist-client agreement of therapeutic goals and diagnosis.	
2.5.1	Professional	Utilize consultation and supervision effectively.	

# **Domain 3: Treatment Planning and Case Management**

Number	Subdomain	n Competence		
3.1.1	Conceptual	Know which models, modalities and/or techniques are most effective for presenting problems.		
3.1.3	Conceptual	Understand the effects of psychotropic and other medications have on clients and the treatment process.		
3.2.1	Perceptual	Integrate client feedback, assessment, contextual information, and diagnosis with treatment goals and plan.		
3.3.1	Executive	Develop, with client input, measurable outcomes, treatment goals, treatment plans, and after-care plans with clients utilizing a systemic perspective.		
3.3.2	Executive	Develop a clear plan of how sessions will be conducted.		
3.3.5	Executive	Manage progression of therapy toward treatment goals.		
3.3.6	Executive	Manage risks, crises, and emergencies.		
3.3.7	Executive	Work collaboratively with other stakeholders, including family members, other significant persons, and professionals not present.		
3.4.1	Evaluative	Evaluate progress of sessions toward treatment goals.		
3.4.2	Evaluative	Recognize when treatment goals and plan require modification.		
3.4.3	Evaluative	Evaluate level of risks, management of risks, crisis, and emergencies.		
3.4.4	Evaluative	Assess session process for compliance with policies and procedures of practice setting.		
3.4.5	Professional	Monitor personal reactions to clients and treatment process, especially in terms of therapeutic behavior, relationship with clients, process for explaining procedures, and outcomes.		
3.5.3	Professional	Write plans and complete other case documentation in accordance with practice setting policies, professional standards, and state/provincial laws.		
3.5.4	Professional	Utilize time management skills in therapy sessions and other professional meetings.		

Domain 4: Therapeutic Interventions

Number	Subdomain	Competence	
4.1.2	Conceptual	Recognize strengths, limitations, and contraindications of specific therapy models,	
		including the risk of harm associated with models that incorporate assumptions of	
		family dysfunction, pathogenesis, or cultural deficit.	
4.2.1	Perceptual	Recognize how different techniques may impact the treatment process.	
4.3.1	Executive	Match treatment modalities and techniques to clients' needs, goals, and values.	
4.3.3	Executive	Reframe problems and recursive interaction patterns.	
4.3.5	Executive	Engage each family member in the treatment process as appropriate.	
4.3.6	Executive	Facilitate client's developing and integrating solutions to problems.	
4.3.8	Executive	Empower clients and their relational systems to establish effective relationships	
		with each other and larger systems.	
4.3.9	Executive	Provide psychoeducation to families whose members have serious mental illness or	
		other disorders.	
4.3.10	Executive	Modify interventions that are not working to better fit the treatment goals.	
4.3.11	Executive	Move to constructive termination when treatment goals have been accomplished.	
4.3.12	Executive	Integrate supervisor/team communications into treatment.	
4.4.3	Evaluative	Evaluate treatment outcomes as treatment progresses.	
4.4.4	Evaluative	Evaluate clients' reactions or responses to interventions.	
4.4.5	Evaluative	Evaluate treatment outcomes for the need to continue, refer, or terminate therapy.	
4.4.6	Evaluate	Evaluate reactions to the treatment process (e.g., transference, family of origin, current stress level, current life situation, cultural context) and their impact on effective intervention and clinical outcomes.	
4.5.1	Professional	Respect multiple perspectives (e.g., clients, team, supervisor, practitioners from other disciplines who are involved in the case).	
4.5.2	Professional	Set appropriate boundaries, manage issues of triangulation, and develop collaborative working relationships.	
4.5.3	Professional	Articulate rationales for interventions related to treatment goals and plan, assessment information, and systemic understanding of clients' context and dynamics.	

Number	Subdomain	Competence	
5.1.1	Conceptual	Know state, federal, and provincial laws and regulations that apply to the practice of marriage and family therapy	
5.1.2	Conceptual	Know professional ethics and standards of practice that apply to the practice of marriage and family therapy.	
5.1.3	Conceptual	Know policies and procedures of the practice setting.	
5.2.2	Perceptual	Recognize ethical dilemmas in practice setting.	
5.2.3	Perceptual	Recognize when a legal consultation is necessary.	
5.2.4	Perceptual	Recognize when clinical supervision or consultation is necessary.	
5.3.1	Executive	Monitor issues related to ethics, laws, regulations, and professional standards.	
5.3.3	Executive	Inform clients and legal guardian of limitations to confidentiality and parameters of mandatory reporting.	
5.3.4	Executive	Develop safety plans for clients who present with potential self-harm, suicide, abuse, or violence.	
5.3.5	Executive	Take appropriate action when ethical and legal dilemmas emerge.	
5.3.6	Executive	Report information to appropriate authorities as required by law.	
5.3.7	Executive	Practice within defined scope of practice and competence.	
5.4.1	Evaluative	Evaluate activities related to ethics, legal issues, and practice standards.	
5.4.2	Evaluate	Monitor attitudes, personal well-being, personal issues, and personal problems to insure they do not impact the therapy process adversely or create vulnerability for misconduct.	
5.5.1	Professional	Maintain client records with timely and accurate notes.	
5.5.2	Professional	Consult with peers and/or supervisors if personal issues, attitudes, or beliefs threaten to adversely impact clinical work.	
5.5.3	Professional	Pursue professional development through self-supervision, collegial consultation, professional reading, and continuing educational activities.	

## Domain 5: Legal Issues, Ethics, and Standards

## **Domain 6: Research and Program Evaluation**

Number	Subdomain	Competence	
6.1.1	Conceptual	Know the extant MFT literature, research, and evidence-based practice.	
6.1.2	Conceptual	Understand research and program evaluation methodologies, both quantitative and qualitative relevant to MFT and mental health services.	
6.3.2	Executive	Use current MFT and other research to inform clinical practice.	

6.3.4	Executive	Determine the effectiveness of clinical practice and techniques.
6.5.1	Professional	Contribute to the development of new knowledge.

# **APPENDIX C**

Degree Plans

### M.A. Marriage and Family Therapy

### Course Sequence

#### Summer 2023 Start

EDF 501         Intro to Marriage & Family Therapy         2           EDF 502         Counseling Theories         3           EDF 503         Therapy Process         3           EDF 504         Psychopathology & Assessment         3           EDF 504         Psychopathology & Assessment         3           EDF 504         Psychopathology & Assessment         3           EDF 511         Family Systems Theory         3           EDF 521         Family Systems Theory         3           EDF 532         Intro to Substance Use Disorder         2           EDF 551         Research Evaluation and Writing         2           13           JAN 2024           EDF 552         Research For Marriage Therapy         3           EDF 551         Intro to Group Therapy         3           EDF 552         Research for Marriage and Family Therapists         3           EDF 552         Research for Marriage and Family Therapy         5           SUMMER 2024         14         14           EDF 524         Development Across the Lifespan         3           EDF 525         Research for Marriage and Family Therapy         2           EDF 524         Meri Internship I         2	SUMMER 2023		CREDITS	
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**64 TOTAL SEMESTER CREDITS** 

# **APPENDIX D**

Personal Characteristics Review Form Concerns Checklist

## Whitworth University Graduate Counseling Programs Personal Characteristics Review Form Practicum Supervisor's Evaluation

 Student:
 Course:

 University Supervisor:
 Date:
 or (please check/sign appropriate line) Onsite Supervisor:

 Date:
 Or (please check/sign appropriate line)

Directions: Rate the student with a check mark on each counselor characteristic listed in the lefthand column. If you have not had the opportunity to observe behavior that reflects

the characteristic, record "N.O." (not observed) next to the characteristic.

Characteristic Conceptual Framework Disposition	Does Not Meet Standard	Meets Standard	Exceeds Standard
(1) Open Effective Practitioner	Unable to hear or consider the ideas of others.	Able to remain open to many possibilities, alternative courses of action, and diverse perspectives on a variety of issues.	Invites the ideas and perspectives of others.
(2) Flexible Effective Practitioner	Have difficulty adapting to changing circumstances and situations.	In a healthy way, am able to alter preferred modes of coping and perceiving to accommodate the needs of others.	Easily adapt when changes are called for.
(3) Cooperative Community Member	Consistently chooses solitary behavior or competitive stance.	Able to work in tandem with others to achieve mutual goals.	Invites collaborative ventures with others.
(4) Willingness to Accept Feedback	Do not receive feedback from others.	Able to non-defensively accept and use constructive feedback.	Seek feedback from others.
Community Member			
(5) Awareness of Impact on Others	Appear unaware of impact on others.	Display interpersonal sensitivity through respect, empathy	Take ownership of issues with regard to my impact on others.
Effective Practitioner		and appropriate interactions with others.	

(6) Ability to Deal with Conflict	Become defensive or withdraw in the face of conflict.	Remain open, non- defensive, and present in the face of conflict.	Use conflict creatively for interpersonal growth.
Effective Practitioner			
(7) Ability to Accept Personal Responsibility	Fail to assume responsibility or take responsibility of behavior or issues	Assumes responsibility where appropriate.	Am self-directed and intrinsically motivated to fulfill personal and professional responsibilities.
Effective Practitioner	owned by others.		
(8) Ability to Express Feelings Effective Practitioner	Deny feelings or express feelings in such a way as to create an atmosphere of	Able to express personal feelings in a direct and appropriate way.	Willingly own personal feelings and expresses them in such a way as to facilitate understanding or healing.
	blame or shame.	_	
(9) Ethical Behavior Guardian	Behavior and expressed attitudes do not reflect the recognition of the	Behavior and attitudes reflect universal principles and, more specifically, that of the	Consistently and deliberately display a high level of integrity.
	importance of ethical behavior.	ACA code of ethics.	
(10) Verbal Skills Effective Practitioner	Uses a rambling, disjointed means of communicating or uses vocabulary not easily understood by the recipient.	Communicates thoughts in a clear, concise, and logically ordered fashion.	Is articulate, able to adjust vocabulary to the listener.
(11) Writing Skills Scholar	Reflects less than adequate form. Communicated understanding of material is limited, lacking critical analysis	Writing is clear and concise, reflects appropriate grammatical structure, and accurate spelling. Analysis of topic provides new	Writing reflects superb grasp of written expression. Critical analysis and synthesis of ideas are clear and compelling.
	for higher level understanding.	insight.	

Observations: In the space below, record pertinent observations of specific student behaviors that lend support to the ratings you have selected for each counselor characteristic.

### Candidate Name\_ Date\_\_

### Whitworth School of Education Graduate Studies in Education Concerns Checklist

**To faculty:** Faculty may complete this form any time a concern is noted regarding an education candidate. This form will be used to document areas of concern. Each area checked indicates that a candidate's behavior <u>does not meet</u> the level of proficiency required in the education program; a brief description of the specific concern should be noted in the space provided. A signed and dated copy of the checklist should be provided to the candidate (either by campus mail or e-mail), and given to the graduate studies secretary for addition to the candidate's cumulative file. A copy will also go to the director of GSE.

**To the candidate:** Upon receipt of this form, you need to schedule an appointment with the faculty member completing this form regarding concerns observed during a course or field experience. Please discuss the concern with the faculty member, and determine a plan to correct the concern. This plan should be noted in the space provided, and reviewed with the faculty member, department chair, or advisor.

#### **Candidate as Scholar**

- \_\_\_\_\_Displays content area knowledge
- \_\_\_\_Completes quality work
- \_\_\_\_\_Completes assignments in a timely manner
- \_\_\_\_\_Respects instructor
- \_\_\_\_\_Learns and applies new information
- \_\_\_\_\_Solves problems
- \_\_\_\_\_Demonstrates organizational skills
- \_\_\_\_Other, describe \_\_\_\_\_

Observation:

#### Candidate as Guardian

- \_\_\_\_\_Develops good rapport with students/staff/clients
- \_\_\_\_\_Respects diversity
- \_\_\_\_\_Recognizes individual needs
- \_\_\_\_\_Presents an appropriate role model
- \_\_\_\_\_Protects personal rights and confidentiality
- \_\_\_\_Other, describe \_\_\_\_\_

Observation:

#### **Candidate as Community Member**

Collaborates well Respects others Maintains attendance and promptness Takes personal responsibility Accepts constructive criticism and/or suggestions Responds appropriately to supervision Manages stress Demonstrates good social skills Maintains professional demeanor and attire Is aware of how others perceive him/her Other, describe

Observation:

#### **Candidate as Effective Practitioner**

- \_\_\_\_\_Assesses and designs services appropriately
- \_\_\_\_\_Reflects on actions and their consequences
- \_\_\_\_\_Determines appropriate services/curriculum
- \_\_\_\_\_Accommodates for special needs
- \_\_\_\_\_Shows responsibility and initiative
- \_\_\_\_\_Practices professional, legal and ethical standards
- \_\_\_\_\_Has good oral communication skills
- \_\_\_\_\_Has good written communication skills
- \_\_\_\_\_Shows enthusiasm and animation
- \_\_\_\_\_Shows commitment
- \_\_\_\_\_Demonstrates flexibility
- \_\_\_\_Other, describe \_\_\_\_\_

Observation:

#### **Candidate as Visionary Leader**

- \_\_\_\_\_Articulates professional philosophy
- \_\_\_\_\_Remains open to other points of view/perspective
- \_\_\_\_\_Makes appropriate decisions

Observation:	
Shows awareness of other's needs	
Other, describe	
ignature of faculty member completing concerns checklist	
Signature of candidate	
(signature indicates candidate has read the concern document but does not necessarily agree with s	statements)
<b>Candidate Contract to Alleviate Concern</b>	

Date

Date

Demonstrates personal direction and goals

Candidate Name \_\_\_\_\_\_
Faculty member indicating concern \_\_\_\_\_\_

Candidate advisor(s)

Brief summary of concern:

Action steps to address concern, including timeline: (Describe below)

I agree to the action steps and timeline described above, and will implement in good faith the plan to address the concern indicated.

Candidate signature

Date

	Date each action completed:
Signed original in candidate's cumulative file	
Copy to candidate	
Copy to Faculty	
Copy to Advisor	
Copy to GSE Director	

# **APPENDIX E**

Computer Use Protocol

### Computer Use Protocol WHITWORTH UNIVERSITY Computer Users' Responsibility Agreement

**Purpose:** The purpose of this document is to outline user responsibilities in the legal and ethical use of Whitworth computers in an effort to maintain confidentiality of data, files, computers and networks as well as protecting the proprietary rights of third parties and Whitworth in commercial software.

**User Responsibilities:** All users are responsible for supporting the legal and ethical use of Whitworth's computers and user accounts by participating in the following university efforts:

- Limit access to computers, data and programs for which the individual is authorized. Abide by existing channels and security provisions.
- Prohibit unauthorized access to others' data or programs with the intent to read, browse, modify or delete files, directories or data in any form.
- Prohibit illegal copying of commercial software.
- Prohibit the use of Whitworth computers or networks to compromise other computers or networks or to commit crimes or other unethical acts.
- Keep passwords and accounts confidential. Appropriate safety measures with regard to account access include the following:
  - Choose difficult-to-guess passwords. Change passwords often.
  - Do not leave terminals unattended without logging out.
  - Never share your password with another person. If you suspect that your password is no longer confidential, change it immediately.
- Handle all data responsibly in accordance with published campus policies, especially the Family Educational Rights and Privacy Act. If in doubt about the confidentiality of data, do not release it until the right to release the data has been determined.
- Prohibit the introduction of public-domain or bulletin-board software on any Whitworth computer without prior approval by Whitworth Information Systems.
- Comply with the university's policy regarding copyright law and illegal peer-to-peer file sharing.
- Abide by the Whitworth Computer Policy which can be found at: http://www.whitworth.edu/Administration/InformationSystems/Policies\_Standards/ ComputerPolicy.htm

Any violation of the stated responsibilities regarding system security should be reported to Information Systems. All users are to participate in assuring legal and ethical use of Whitworth computers and user accounts. Violations of this policy may result in disciplinary action up to and including termination of enrollment.

# **APPENDIX F**

Code of Ethics of the American Association for Marriage and Family Therapy 2015

#### **CODE OF ETHICS**

#### PREAMBLE

The Board of Directors of the American Association for Marriage and Family Therapy (AAMFT) hereby promulgates, pursuant to Article 2, Section 2.01.3 of the Association's Bylaws, the Revised AAMFT Code of Ethics, effective January 1, 2015.

#### **Honoring Public Trust**

The AAMFT strives to honor the public trust in marriage and family therapists by setting standards for ethical practice as described in this Code. The ethical standards define professional expectations and are enforced by the AAMFT Ethics Committee.

#### Commitment to Service, Advocacy and Public Participation

Marriage and family therapists are defined by an enduring dedication to professional and ethical excellence, as well as the commitment to service, advocacy, and public participation. The areas of service, advocacy, and public participation are recognized as responsibilities to the profession equal in importance to all other aspects. Marriage and family therapists embody these aspirations by participating in activities that contribute to a better community and society, including devoting a portion of their professional activity to services for which there is little or no financial return. Additionally, marriage and family therapists are concerned with developing laws and regulations pertaining to marriage and family therapy that serve the public interest, and with altering such laws and regulations that are not in the public interest. Marriage and family therapists also encourage public participation in the design and delivery of professional services and in the regulation of practitioners. Professional competence in these areas is essential to the character of the field, and to the well-being of clients and their communities.

#### **Seeking Consultation**

The absence of an explicit reference to a specific behavior or situation in the Code does not mean that the behavior is ethical or unethical. The standards are not exhaustive. Marriage and family therapists who are uncertain about the ethics of a particular course of action are encouraged to seek counsel from consultants, attorneys, supervisors, colleagues, or other appropriate authorities. Code of Ethics

#### **Ethical Decision-Making**

Both law and ethics govern the practice of marriage and family therapy. When making decisions regarding professional behavior, marriage and family therapists must consider the AAMFT Code of Ethics and applicable laws and regulations. If the AAMFT Code of Ethics prescribes a standard higher than that required by law, marriage and family therapists must meet the higher standard of the AAMFT Code of Ethics. Marriage and family therapists

comply with the mandates of law, but make known their commitment to the AAMFT Code of Ethics and take steps to resolve the conflict in a responsible manner. The AAMFT supports legal mandates for reporting of alleged unethical conduct.

Marriage and family therapists remain accountable to the AAMFT Code of Ethics when acting as members or employees of organizations. If the mandates of an organization with which a marriage and family therapist is affiliated, through employment, contract or otherwise, conflict with the AAMFT Code of Ethics, marriage and family therapists make known to the organization their commitment to the AAMFT Code of Ethics and take reasonable steps to resolve the conflict in a way that allows the fullest adherence to the Code of Ethics.

#### **Binding Expectations**

The AAMFT Code of Ethics is binding on members of AAMFT in all membership categories, all AAMFT Approved Supervisors and all applicants for membership or the Approved

Supervisor designation. AAMFT members have an obligation to be familiar with the AAMFT Code of Ethics and its application to their professional services. Lack of awareness or misunderstanding of an ethical standard is not a defense to a charge of unethical conduct.

#### **Resolving Complaints**

The process for filing, investigating, and resolving complaints of unethical conduct is described in the current AAMFT Procedures for Handling Ethical Matters. Persons accused are considered innocent by the Ethics Committee until proven guilty, except as otherwise provided, and are entitled to due process. If an AAMFT member resigns in anticipation of, or during the course of, an ethics investigation, the Ethics Committee will complete its investigation. Any publication of action taken by the Association will include the fact that the member attempted to resign during the investigation.

#### **Aspirational Core Values**

The following core values speak generally to the membership of AAMFT as a professional association, yet they also inform all the varieties of practice and service in which marriage and family therapists engage. These core values are aspirational in nature, and are distinct from ethical standards. These values are intended to provide an aspirational framework within which marriage and family therapists may pursue the highest goals of practice. The core values of AAMFT embody:

1. Acceptance, appreciation, and inclusion of a diverse membership.

2. Distinctiveness and excellence in training of marriage and family therapists and those desiring to advance their skills, knowledge and expertise in systemic and relational therapies.

3. Responsiveness and excellence in service to members.

4. Diversity, equity and excellence in clinical practice, research, education and administration.

5. Integrity evidenced by a high threshold of ethical and honest behavior within Association governance and by members.

6. Innovation and the advancement of knowledge of systemic and relational therapies.

#### **Ethical Standards**

Ethical standards, by contrast, are rules of practice upon which the marriage and family therapist is obliged and judged. The introductory paragraph to each standard in the AAMFT Code of Ethics is an aspirational/explanatory orientation to the enforceable standards that follow.

### **STANDARD I RESPONSIBILITY TO CLIENTS**

Marriage and family therapists advance the welfare of families and individuals and make reasonable efforts to find the appropriate balance between conflicting goals within the family system.

<u>1.1</u> Non-Discrimination. Marriage and family therapists provide professional assistance to persons without discrimination on the basis of race, age, ethnicity, socioeconomic status, disability, gender, health status, religion, national origin, sexual orientation, gender identity or relationship status.

<u>1.2</u> Informed Consent. Marriage and family therapists obtain appropriate informed consent to therapy or related procedures and use language that is reasonably understandable to clients. When persons, due to age or mental status, are legally incapable of giving informed consent, marriage and family therapists obtain informed permission from a legally authorized person, if such substitute consent is legally permissible. The content of informed consent may vary depending upon the client and treatment plan; however, informed consent generally necessitates that the client: (a) has the capacity to consent; (b) has been adequately informed of significant informed of potential risks and benefits of treatments for which generally recognized standards do not yet exist; (d) has freely and without undue influence expressed consent; and (e) has provided consent that is appropriately documented.

<u>1.3</u> <u>Multiple Relationships.</u> Marriage and family therapists are aware of their influential positions with respect to clients, and they avoid exploiting the trust and dependency of such persons. Therapists, therefore, make every effort to avoid conditions and multiple relationships with clients that could impair professional judgment or increase the risk of exploitation. Such relationships include, but are not limited to, business or close personal relationships with a client or the client's immediate family. When the risk of

impairment or exploitation exists due to conditions or multiple roles, therapists document the appropriate precautions taken.

<u>1.4</u> <u>Sexual Intimacy with Current Clients and Others.</u> Sexual intimacy with current clients or with known members of the client's family system is prohibited.

<u>1.5</u> Sexual Intimacy with Former Clients and Others. Sexual intimacy with former clients or with known members of the client's family system is prohibited.

<u>1.6</u> **Reports of Unethical Conduct.** Marriage and family therapists comply with applicable laws regarding the reporting of alleged unethical conduct.

<u>1.7</u> <u>Abuse of the Therapeutic Relationship.</u> Marriage and family therapists do not abuse their power in therapeutic relationships.

<u>1.8</u> <u>Client Autonomy in Decision Making.</u> Marriage and family therapists respect the rights of clients to make decisions and help them to understand the consequences of these decisions. Therapists clearly advise clients that clients have the responsibility to make decisions regarding relationships such as cohabitation, marriage, divorce, separation, reconciliation, custody, and visitation.

<u>1.9</u> **Relationship Beneficial to Client.** Marriage and family therapists continue therapeutic relationships only so long as it is reasonably clear that clients are benefiting from the relationship.

<u>1.10</u> <u>**Referrals.**</u> Marriage and family therapists respectfully assist persons in obtaining appropriate therapeutic services if the therapist is unable or unwilling to provide professional help.

<u>1.11</u> Non-Abandonment. Marriage and family therapists do not abandon or neglect clients in treatment without making reasonable arrangements for the continuation of treatment.

<u>1.12</u> <u>Written Consent to Record.</u> Marriage and family therapists obtain written informed consent from clients before recording any images or audio or permitting third-party observation.

<u>1.13</u> **Relationships with Third Parties.** Marriage and family therapists, upon agreeing to provide services to a person or entity at the request of a third party, clarify, to the extent feasible and at the outset of the service, the nature of the relationship with each party and the limits of confidentiality.

#### STANDARD II CONFIDENTIALITY

Marriage and family therapists have unique confidentiality concerns because the client in a therapeutic relationship may be more than one person. Therapists respect and guard the confidences of each individual client.

2.1 Disclosing Limits of Confidentiality. Marriage and family therapists disclose to clients and other interested parties at the outset of services the nature of confidentiality and possible limitations of the clients' right to confidentiality. Therapists review with clients the circumstances where confidential information may be requested and where disclosure of confidential information may be legally required. Circumstances may necessitate repeated disclosures.

2.2 Written Authorization to Release Client Information. Marriage and family therapists do not disclose client confidences except by written authorization or waiver, or where mandated or permitted by law. Verbal authorization will not be sufficient except in emergency situations, unless prohibited by law. When providing couple, family or group treatment, the therapist does not disclose information outside the treatment context without a written authorization from each individual competent to execute a waiver. In the context of couple, family or group treatment, the therapist may not reveal any individual's confidences to others in the client unit without the prior written permission of that individual.

2.3 <u>Client Access to Records.</u> Marriage and family therapists provide clients with reasonable access to records concerning the clients. When providing couple, family, or group treatment, the therapist does not provide access to records without a written authorization from each individual competent to execute a waiver. Marriage and family therapists limit client's access to their records only in exceptional circumstances when they are concerned, based on compelling evidence, that such access could cause serious harm to the client. The client's request and the rationale for withholding some or all of the record should be documented in the client's file. Marriage and family therapists take steps to protect the confidentiality of other individuals identified in client records.

2.4 <u>Confidentiality in Non-Clinical Activities.</u> Marriage and family therapists use client and/or clinical materials in teaching, writing, consulting, research, and public presentations only if a written waiver has been obtained in accordance with Standard 2.2, or when appropriate steps have been taken to protect client identity and confidentiality.

2.5 **Protection of Records.** Marriage and family therapists store, safeguard, and dispose of client records in ways that maintain confidentiality and in accord with applicable laws and professional standards.

2.6 Preparation for Practice Changes. In preparation for moving a practice, closing a practice, or death, marriage and family therapists arrange for the storage, transfer, or disposal of client records in conformance with applicable laws and in ways that maintain confidentiality and safeguard the welfare of clients.

2.7 Confidentiality in Consultations. Marriage and family therapists, when consulting with colleagues or referral sources, do not share confidential information that could reasonably lead to the identification of a client, research participant, supervisee, or other person with whom they have a confidential relationship unless they have obtained the prior written consent of the client, research participant, supervisee, or other person with whom they have a confidential relation may be shared only to the extent necessary to achieve the purposes of the consultation.

#### STANDARD III PROFESSIONAL COMPETENCE AND INTEGRITY

Marriage and family therapists maintain high standards of professional competence and integrity.

3.1 <u>Maintenance of Competency.</u> Marriage and family therapists pursue knowledge of new developments and maintain their competence in marriage and family therapy through education, training, and/or supervised experience.

<u>3.2</u> Knowledge of Regulatory Standards. Marriage and family therapists pursue appropriate consultation and training to ensure adequate knowledge of and adherence to applicable laws, ethics, and professional standards.

<u>3.3</u> <u>Seek Assistance.</u> Marriage and family therapists seek appropriate professional assistance for issues that may impair work performance or clinical judgment.

<u>3.4</u> <u>Conflicts of Interest.</u> Marriage and family therapists do not provide services that create a conflict of interest that may impair work performance or clinical judgment.

<u>3.5</u> <u>Maintenance of Records.</u> Marriage and family therapists maintain accurate and adequate clinical and financial records in accordance with applicable law.

<u>3.6</u> <u>Development of New Skills.</u> While developing new skills in specialty areas, marriage and family therapists take steps to ensure the competence of their work and to

protect clients from possible harm. Marriage and family therapists practice in specialty areas new to them only after appropriate education, training, and/or supervised experience.

<u>3.7</u> Harassment. Marriage and family therapists do not engage in sexual or other forms of harassment of clients, students, trainees, supervisees, employees, colleagues, or research subjects.

<u>3.8</u> **Exploitation.** Marriage and family therapists do not engage in the exploitation of clients, students, trainees, supervisees, employees, colleagues, or research subjects.

<u>3.9</u> <u>Gifts.</u> Marriage and family therapists attend to cultural norms when considering whether to accept gifts from or give gifts to clients. Marriage and family therapists consider the potential effects that receiving or giving gifts may have on clients and on the integrity and efficacy of the therapeutic relationship.

<u>3.10</u> Scope of Competence. Marriage and family therapists do not diagnose, treat, or advise on problems outside the recognized boundaries of their competencies.

<u>3.11</u> <u>Public Statements.</u> Marriage and family therapists, because of their ability to influence and alter the lives of others, exercise special care when making public their professional recommendations and opinions through testimony or other public statements.

<u>3.12</u> **Professional Misconduct.** Marriage and family therapists may be in violation of this Code and subject to termination of membership or other appropriate action if they: (a) are convicted of any felony; (b) are convicted of a misdemeanor related to their qualifications or functions; (c) engage in conduct which could lead to conviction of a felony, or a misdemeanor related to their qualifications or functions; (d) are expelled from or disciplined by other professional organizations; (e) have their licenses or certificates suspended or revoked or are otherwise disciplined by regulatory bodies; (f) continue to practice marriage and family therapy while no longer competent to do so because they are impaired by physical or mental causes or the abuse of alcohol or other substances; or (g) fail to cooperate with the Association at any point from the inception of an ethical complaint through the completion of all proceedings regarding that complaint.

#### STANDARD IV RESPONSIBILITY TO STUDENTS AND SUPERVISEES

Marriage and family therapists do not exploit the trust and dependency of students and supervisees.

<u>4.1</u> **Exploitation.** Marriage and family therapists who are in a supervisory role are aware of their influential positions with respect to students and supervisees, and they avoid

exploiting the trust and dependency of such persons. Therapists, therefore, make every effort to avoid conditions and multiple relationships that could impair professional objectivity or increase the risk of exploitation. When the risk of impairment or exploitation exists due to conditions or multiple roles, therapists take appropriate precautions.

4.2 <u>Therapy with Students or Supervisees.</u> Marriage and family therapists do not provide therapy to current students or supervisees.

<u>4.3</u> <u>Sexual Intimacy with Students or Supervisees.</u> Marriage and family therapists do not engage in sexual intimacy with students or supervisees during the evaluative or training relationship between the therapist and student or supervisee.

<u>4.4</u> <u>Oversight of Supervisee Competence.</u> Marriage and family therapists do not permit students or supervisees to perform or to hold themselves out as competent to perform professional services beyond their training, level of experience, and competence.

4.5 **Oversight of Supervisee Professionalism.** Marriage and family therapists take reasonable measures to ensure that services provided by supervisees are professional.

<u>4.6</u> Existing Relationship with Students or Supervisees. Marriage and family therapists are aware of their influential positions with respect to supervisees, and they avoid exploiting the trust and dependency of such persons. Supervisors, therefore, make every effort to avoid conditions and multiple relationships with supervisees that could impair professional judgment or increase the risk of exploitation. Examples of such relationships include, but are not limited to, business or close personal relationships with supervisees or the supervisee's immediate family. When the risk of impairment or exploitation exists due to conditions or multiple roles, supervisors document the appropriate precautions taken.

4.7 Confidentiality with Supervisees. Marriage and family therapists do not disclose supervisee confidences except by written authorization or waiver, or when mandated or permitted by law. In educational or training settings where there are multiple supervisors, disclosures are permitted only to other professional colleagues, administrators, or employers who share responsibility for training of the supervisee. Verbal authorization will not be sufficient except in emergency situations, unless prohibited by law.

<u>4.8</u> Payment for Supervision. Marriage and family therapists providing clinical supervision shall not enter into financial arrangements with supervisees through deceptive or exploitative practices, nor shall marriage and family therapists providing clinical supervision exert undue influence over supervisees when establishing supervision fees. Marriage and family therapists shall also not engage in other exploitative practices of supervisees.

#### STANDARD V RESEARCH AND PUBLICATION

Marriage and family therapists respect the dignity and protect the welfare of research participants, and are aware of applicable laws, regulations, and professional standards governing the conduct of research.

**5.1 Institutional Approval.** When institutional approval is required, marriage and family therapists submit accurate information about their research proposals and obtain appropriate approval prior to conducting the research.

**5. 2 Protection of Research Participants.** Marriage and family therapists are responsible for making careful examinations of ethical acceptability in planning research. To the extent that services to research participants may be compromised by participation in research, marriage and family therapists seek the ethical advice of qualified professionals not directly involved in the investigation and observe safeguards to protect the rights of research participants.

5. <u>3 Informed Consent to Research.</u> Marriage and family therapists inform participants about the purpose of the research, expected length, and research procedures. They also inform participants of the aspects of the research that might reasonably be expected to influence willingness to participate such as potential risks, discomforts, or adverse effects. Marriage and family therapists are especially sensitive to the possibility of diminished consent when participants are also receiving clinical services, or have impairments which limit understanding and/or communication, or when participants are children. Marriage and family therapists inform participants about any potential research benefits, the limits of confidentiality, and whom to contact concerning questions about the research and their rights as research participants.

5.4 **Right to Decline or Withdraw Participation.** Marriage and family therapists respect each participant's freedom to decline participation in or to withdraw from a research study at any time. This obligation requires special thought and consideration when investigators or other members of the research team are in positions of authority or influence over participants. Marriage and family therapists, therefore, make every effort to avoid multiple relationships with research participants that could impair professional judgment or increase the risk of exploitation. When offering inducements for research participation, marriage and family therapists make reasonable efforts to avoid offering inappropriate or excessive inducements when such inducements are likely to coerce participation.

5.5 **Confidentiality of Research Data.** Information obtained about a research participant during the course of an investigation is confidential unless there is a waiver

previously obtained in writing. When the possibility exists that others, including family members, may obtain access to such information, this possibility, together with the plan for protecting confidentiality, is explained as part of the procedure for obtaining informed consent.

<u>5.6</u> <u>Publication.</u> Marriage and family therapists do not fabricate research results. Marriage and family therapists disclose potential conflicts of interest and take authorship credit only for work they have performed or to which they have contributed. Publication credits accurately reflect the relative contributions of the individual involved.

5.7 <u>Authorship of Student Work.</u> Marriage and family therapists do not accept or require authorship credit for a publication based from student's research, unless the marriage and family therapist made a substantial contribution beyond being a faculty advisor or research committee member. Co-authorship on student research should be determined in accordance with principles of fairness and justice.

<u>5.8</u> **Plagiarism.** Marriage and family therapists who are the authors of books or other materials that are published or distributed do not plagiarize or fail to cite persons to whom credit for original ideas or work is due.

5.9 <u>Accuracy in Publication.</u> Marriage and family therapists who are authors of books or other materials published or distributed by an organization take reasonable precautions to ensure that the published materials are accurate and factual. STANDARD VI TECHNOLOGY-ASSISTED PROFESSIONAL SERVICES

Therapy, supervision, and other professional services engaged in by marriage and family therapists take place over an increasing number of technological platforms. There are great benefits and responsibilities inherent in both the traditional therapeutic and supervision contexts, as well as in the utilization of technologically-assisted professional services. This standard addresses basic ethical requirements of offering therapy, supervision, and related professional services using electronic means.

<u>6.1</u> Technology Assisted Services. Prior to commencing therapy or supervision services through electronic means (including but not limited to phone and Internet), marriage and family therapists ensure that they are compliant with all relevant laws for the delivery of such services. Additionally, marriage and family therapists must: (a) determine that technologically- assisted services or supervision are appropriate for clients or supervisees, considering professional, intellectual, emotional, and physical needs; (b) inform clients or supervisees of the potential risks and benefits associated with technologically-assisted services; (c) ensure the security of their communication medium; and (d) only commence

electronic therapy or supervision after appropriate education, training, or supervised experience using the relevant technology.

<u>6.2</u> Consent to Treat or Supervise. Clients and supervisees, whether contracting for services as individuals, dyads, families, or groups, must be made aware of the risks and responsibilities associated with technology-assisted services. Therapists are to advise clients and supervisees in writing of these risks, and of both the therapist's and clients'/supervisees' responsibilities for minimizing such risks.

<u>6.3</u> <u>Confidentiality and Professional Responsibilities.</u> It is the therapist's or supervisor's responsibility to choose technological platforms that adhere to standards of best practices related to confidentiality and quality of services, and that meet applicable laws. Clients and supervisees are to be made aware in writing of the limitations and protections offered by the therapist's or supervisor's technology.

<u>6.4</u> Technology and Documentation. Therapists and supervisors are to ensure that all documentation containing identifying or otherwise sensitive information which is electronically stored and/or transferred is done using technology that adhere to standards of best practices related to confidentiality and quality of services, and that meet applicable laws. Clients and supervisees are to be made aware in writing of the limitations and protections offered by the therapist's or supervisor's technology.

<u>6.5</u> Location of Services and Practice. Therapists and supervisors follow all applicable laws regarding location of practice and services, and do not use technologically-assisted means for practicing outside of their allowed jurisdictions.

<u>6.6</u> Training and Use of Current Technology. Marriage and family therapists ensure that they are well trained and competent in the use of all chosen technology-assisted professional services. Careful choices of audio, video, and other options are made in order to optimize quality and security of services, and to adhere to standards of best practices for technology- assisted services. Furthermore, such choices of technology are to be suitably advanced and current so as to best serve the professional needs of clients and supervisees.

#### STANDARD VII PROFESSIONAL EVALUATIONS

Marriage and family therapists aspire to the highest of standards in providing testimony in various contexts within the legal system.

<u>7.1</u> Performance of Forensic Services. Marriage and family therapists may perform forensic services which may include interviews, consultations, evaluations, reports, and assessments both formal and informal, in keeping with applicable laws and competencies.

7.2 <u>Testimony in Legal Proceedings.</u> Marriage and family therapists who provide expert or fact witness testimony in legal proceedings avoid misleading judgments, base conclusions and opinions on appropriate data, and avoid inaccuracies insofar as possible. When offering testimony, as marriage and family therapy experts, they shall strive to be accurate, objective, fair, and independent.

<u>7.3</u> **Competence.** Marriage and family therapists demonstrate competence via education and experience in providing testimony in legal systems.

<u>7.4</u> Informed Consent. Marriage and family therapists provide written notice and make reasonable efforts to obtain written consents of persons who are the subject(s) of evaluations and inform clients about the evaluation process, use of information and recommendations, financial arrangements, and the role of the therapist within the legal system.

7.5 <u>Avoiding Conflicts.</u> Clear distinctions are made between therapy and evaluations. Marriage and family therapists avoid conflict in roles in legal proceedings wherever possible and disclose potential conflicts. As therapy begins, marriage and family therapists clarify roles and the extent of confidentiality when legal systems are involved.

<u>7.6</u> <u>Avoiding Dual Roles.</u> Marriage and family therapists avoid providing therapy to clients for whom the therapist has provided a forensic evaluation and avoid providing evaluations for those who are clients, unless otherwise mandated by legal systems.

7.7 Separation of Custody Evaluation from Therapy. Marriage and family therapists avoid conflicts of interest in treating minors or adults involved in custody or visitation actions by not performing evaluations for custody, residence, or visitation of the minor. Marriage and family therapists who treat minors may provide the court or mental health professional performing the evaluation with information about the minor from the marriage and family therapist's perspective as a treating marriage and family therapist, so long as the marriage and family therapist obtains appropriate consents to release information.

<u>7.8</u> **Professional Opinions.** Marriage and family therapists who provide forensic evaluations avoid offering professional opinions about persons they have not directly interviewed. Marriage and family therapists declare the limits of their competencies and information.

7.9 **Changes in Service.** Clients are informed if changes in the role of provision of services of marriage and family therapy occur and/or are mandated by a legal system.

7.10 **Familiarity with Rules.** Marriage and family therapists who provide forensic evaluations are familiar with judicial and/ or administrative rules prescribing their roles.

#### STANDARD VIII FINANCIAL ARRANGEMENTS

Marriage and family therapists make financial arrangements with clients, third-party payers, and supervisees that are reasonably understandable and conform to accepted professional practices.

<u>8.1</u> **Financial Integrity.** Marriage and family therapists do not offer or accept kickbacks, rebates, bonuses, or other remuneration for referrals. Fee-for-service arrangements are not prohibited.

8.2 Disclosure of Financial Policies. Prior to entering into the therapeutic or supervisory relationship, marriage and family therapists clearly disclose and explain to clients and supervisees: (a) all financial arrangements and fees related to professional services, including charges for canceled or missed appointments; (b) the use of collection agencies or legal measures for nonpayment; and (c) the procedure for obtaining payment from the client, to the extent allowed by law, if payment is denied by the third-party payor. Once services have begun, therapists provide reasonable notice of any changes in fees or other charges.

8.3 <u>Notice of Payment Recovery Procedures.</u> Marriage and family therapists give reasonable notice to clients with unpaid balances of their intent to seek collection by agency or legal recourse. When such action is taken, therapists will not disclose clinical information.

<u>8.4</u> Truthful Representation of Services. Marriage and family therapists represent facts truthfully to clients, third-party payors, and supervisees regarding services rendered.

<u>8.5</u> Bartering. Marriage and family therapists ordinarily refrain from accepting goods and services from clients in return for services rendered. Bartering for professional services may be conducted only if: (a) the supervisee or client requests it; (b) the relationship is not exploitative; (c) the professional relationship is not distorted; and (d) a clear written contract is established.

<u>8.6</u> Withholding Records for Non-Payment. Marriage and family therapists may not withhold records under their immediate control that are requested and needed for a client's treatment solely because payment has not been received for past services, except as otherwise provided by law.

#### STANDARD IX ADVERTISING

Marriage and family therapists engage in appropriate informational activities, including those that enable the public, referral sources, or others to choose professional services on an informed basis.

<u>9.1</u> <u>Accurate Professional Representation.</u> Marriage and family therapists accurately represent their competencies, education, training, and experience relevant to their practice of marriage and family therapy in accordance with applicable law.

<u>9.2</u> <u>Promotional Materials.</u> Marriage and family therapists ensure that advertisements and publications in any media are true, accurate, and in accordance with applicable law.

<u>9.3</u> <u>Professional Affiliations.</u> Marriage and family therapists do not hold themselves out as being partners or associates of a firm if they are not.

<u>9.4</u> <u>Professional Identification.</u> Marriage and family therapists do not use any professional identification (such as a business card, office sign, letterhead, Internet, or telephone or association directory listing) if it includes a statement or claim that is false, fraudulent, misleading, or deceptive.

<u>9.5</u> <u>Educational Credentials.</u> Marriage and family therapists claim degrees for their clinical services only if those degrees demonstrate training and education in marriage and family therapy or related fields.

<u>9.6</u> Employee or Supervisee Qualifications. Marriage and family therapists make certain that the qualifications of their employees and supervisees are represented in a manner that is true, accurate, and in accordance with applicable law.

<u>9.7</u> <u>Specialization</u>. Marriage and family therapists represent themselves as providing specialized services only after taking reasonable steps to ensure the competence of their work and to protect clients, supervisees, and others from harm.

<u>9.8</u> <u>Correction of Misinformation</u>. Marriage and family therapists correct, wherever possible, false, misleading, or inaccurate information and representations made by others concerning the therapist's qualifications, services, or products.

# **APPENDIX G**

MFT Students' Checklist

#### **Therapy Students' Checklist**

#### Guiding principles for a successful journey as a graduate MFT student:

- □ Keep your advisor apprised of any changes as life happens causing you to change your course-taking schedule.
- □ If there are rumors of changes made to the program or about anything that affects your course taking, contact your advisor.
- It is very important to develop the relationship with your advisor also for purposes of help in placement for practicum/internship. The better your advisor knows you, the better match can be made when the time for practicum comes.
- Changes from the state and/or COAMFTE may happen during your two years.
   Whitworth would have to change program accordingly. The best way to keep current is to keep in contact with your academic advisor.
- Accept your student responsibility in communicating with advisor and registering on time for classes—register <u>at least two weeks</u> before the next term for that term's classes. Registration for Jan Term and spring usually starts in November. January and spring registration occurs together. Summer and fall registration occurs together and usually starts in March. Discuss registration with advisor each term and ask for clearance if you are going to register on line.
- Every MFT student receives "restricted" admission until passing Counseling Theories and Intro to MFT classes with a "B" or higher and completing any other prerequisites.
   Keep your admissions letter in folder/notebook. Students move to full admission when prerequisites have been accomplished. Track this program with your advisor.
- Attend orientation for new students at the beginning of the first summer term.
- Make sure to have picture taken for your student identification card. It is necessary for after hour access to the MFT Center (Tacoma Hall), library book checkout and receiving student discounts at neighborhood businesses.
- Get connected with Whitworth email, set passwords and keep them active! Check your Whitworth email regularly. You will get important communications from instructors and the university (Financial Aid, the business office, etc.).
- □ Make an appointment with your academic advisor to **go over your degree plan**.
- If you are using financial aid, make an extra copy of the degree plan and give to your financial aid advisor so he/she knows credits in advance as much as possible. Notify your financial aid advisor as well as academic advisor whenever you need to make changes in course-taking schedule.
- **D** Before each registration period, check with academic advisor regarding registration.
- During the EDC 553 Intro to MFT class you will be visited in the class by the Program Director to alert you to start thinking about placement for practicum—planning and research should start as soon as you begin the program. Do not contact placements until cleared by the Program Director.

Complete your Practicum Intent Form to indicate when you intend to start your practicum and on the back indicate three choices of placements. Marriage and Family Therapy students should research possible sites by looking at the Community Resource

Guide (GSE has a copy available for students to peruse.) and websites. See the Placement Coordinator for list of Whitworth approved sites and if an agency is not on the list, it will be researched by Whitworth Clinical Director to make sure it qualifies before securing an interview. Most agencies do not start interviewing until late summer or early fall. It is your responsibility to do know what the agencies are about and know yourself as to what would be a good match.

- When you receive your Practicum Intent Form, you will also receive information about Washington State Patrol background check for Marriage and Family Therapy students. Marriage and Family Therapy students can obtain the WSP clearance through the MFT Center. Be aware that some agencies may require additional background checks.
- Follow Procedure for Placement. See Placement Coordinator or advisor for Procedure for Placement information sheet. It outlines basically that students are not to make individual contact with agency directors or school counselors. Students are to make requests to Placement Coordinator and a university representative contacts the school or agency and lets the student know if/when they are permitted to contact the agency for interview. Keep in touch with your advisor.
- Continue taking courses needed and checking with advisor.
- Keep checking with advisor and Self Service academic evaluation to make sure that all necessary courses have been taken and there are no unpleasant surprises before graduation.
- Applications for graduation are usually due starting in November. Applications are available on line. GSE. Make sure the correct information is on the application as your name will appear in a commencement program as you have provided it. Regardless of your participation in graduate commencement or not (and we hope that you choose to walk in the special graduate ceremony and be "hooded" and enjoy the ceremony designed for graduate students), you need to fill out an application for graduation.
- Students will be given an MFT Exam Study Guide in the Intro to MFT class. Students should use this study guide throughout their academic preparation. Students should plan to take the MFT licensing exam as soon as possible after graduation. Preparation for the licensing exam will also help the candidate prepare for the Comprehensive Exam required for graduation.
- Students will need to apply for the Marriage and Family Therapist Associate credential prior to beginning professional practice after graduation. The application packet can be found online at <u>http://www.doh.wa.gov/portals/1/Documents/Pubs/670096.pdf</u>

# **APPENDIX H**

Washington State Legislature Chapter 246-809 WAC

#### Chapter 246-809 WAC

#### LICENSURE FOR MARRIAGE AND FAMILY THERAPISTS

#### 246-809-010 Definitions.

The definitions in this section apply throughout this chapter unless the context clearly requires otherwise.

(1) "Associate" means a prelicensure candidate who has a graduate degree in a mental health field under RCW **18.225.090** and is gaining the supervision and supervised experience necessary to become a licensed independent clinical social worker, a licensed advanced social worker, a licensed mental health counselor, or a licensed marriage and family therapist. Associates may not independently provide social work, mental health counseling, or marriage and family therapy for a fee, monetary or otherwise. Associates must work under the supervision of an approved supervisor.

(2) "Independent social work, mental health counseling, or marriage and family therapy" means the practice of these disciplines without being under the supervision of an approved supervisor.

(3) "Licensed counselor" means a licensed marriage and family therapist, licensed mental health counselor, licensed advanced social worker, or licensed independent clinical social worker regulated under chapter **18.225** RCW.

[Statutory Authority: Chapter **18.225** RCW. WSR 09-15-039, § 246-809-010, filed 7/8/09, effective 7/8/09. Statutory Authority: RCW **18.225.040**, **18.130.050**. WSR 06-09-032, § 246-809-010, filed 4/12/06, effective 5/13/06.]

#### 246-809-035

#### Recordkeeping and retention.

(1) The licensed counselor or associate providing professional services to a client or providing services billed to a third-party payor, must document services, except as provided in subsection (2) of this section. The documentation includes:

- (a) Client name;
- (b) The fee arrangement and record of payments;
- (c) Dates counseling was received;
- (d) Disclosure form, signed by licensed counselor and client or associate and client;

- (e) The presenting problem(s), purpose or diagnosis;
- (f) Notation and results of formal consults, including information obtained from other persons or agencies through a release of information;
- (g) Progress notes sufficient to support responsible clinical practice for the type of theoretical orientation/therapy the licensed counselor or associate uses. The associate must provide adequate information about their clinical work to the approved supervisor. This can be in the form of progress notes, case discussions/analysis, or reports from collaborating professionals. The approved supervisor must have an understanding of the clinical work that the associate is doing.

(2) If a client requests that no treatment records be kept, and the licensed counselor or associate agrees to the request, the request must be in writing and the licensed counselor or associate must retain only the following documentation:

- (a) Client name;
- (b) Fee arrangement and record of payments;
- (c) Dates counseling was received;
- (d) Disclosure form, signed by licensed counselor or associate and client; (e) Written request that no records be kept.

(3) The licensed counselor or associate may not agree to the request if maintaining records is required by other state or federal law.

(4) The licensed counselor or associate or the associate's supervisor must keep all records for a period of five years following the last visit. Within this five-year period, all records must be maintained safely, with properly limited access.

(5) The licensed counselor or associate or the associate's supervisor must make provisions for retaining or transferring records in the event of going out of business, death or incapacitation. These provisions may be made in the practitioner's will, an office policy, or by ensuring another licensed counselor is available to review records with a client and recommend a course of action; or other appropriate means as determined by the licensed counselor or associate.

[Statutory Authority: Chapter **18.225** RCW. WSR 09-15-039, § 246-809-035, filed 7/8/09, effective 7/8/09. Statutory Authority: RCW **18.225.040**, **18.130.050**. WSR 06-09-032, § 246-809-035, filed 4/12/06, effective 5/13/06.]

#### 246-809-040

Reporting of suspected abuse or neglect of a child or vulnerable adult.

As required by chapter **26.44** RCW, all licensed counselors and associates must report abuse or neglect of a child if the counselor has reasonable cause to believe that an incident has occurred.

As required by chapter **74.34** RCW, all licensed counselors and associates must report suspected abandonment, abuse, neglect, or financial exploitation of a vulnerable adult, when there is reasonable cause to believe that abandonment, abuse, financial exploitation, or neglect has occurred.

The counselor or associate shall report to the local law enforcement agency or to the department of social and health services at the first opportunity, but no longer than twenty-four hours after deciding there is reasonable cause to believe that the child or vulnerable adult has suffered abandonment, abuse, neglect, or financial exploitation.

The associate will inform their approved supervisor of any report made by the associate. [Statutory Authority: Chapter **18.225** RCW. WSR 09-15-039, § 246-809-040, filed 7/8/09, effective 7/8/09. Statutory Authority: RCW **18.225.040**, **18.130.050**. WSR 06-09-032, § 246-809- 040, filed 4/12/06, effective 5/13/06.]

#### 246-809-049

#### Sexual misconduct.

(1) The definitions and prohibitions on sexual misconduct described in chapter 246 16 WAC apply to licensed counselors and associates except WAC 246-16-100 (3) and (4).

(2) A licensed counselor or associate shall never engage, or attempt to engage, in the activities listed in WAC **246-16-100**(1) with a former patient, former client or former key party.

[Statutory Authority: Chapter **18.225** RCW. WSR 09-15-039, § 246-809-049, filed 7/8/09, effective 7/8/09. Statutory Authority:

RCW **18.155.040**, **18.19.050**, **18.225.040**, **18.205.060**, **18.130.050**. WSR 08-07-090, § 246-809-049, filed 3/19/08, effective 4/19/08. Statutory Authority: RCW **18.225.040**, **18.130.050**. WSR 06-09-032, § 246-809-049, filed 4/12/06, effective 5/13/06.]

#### 246-809-060

#### Mandatory reporting.

(1) All reports required by this chapter shall be submitted to the department as soon as possible, but no later than twenty days after a determination is made.

(2) Reports made in accordance with WAC **246-809-061**, **246-809-062**, **246-809-063**, and **246-809-064** should contain the following information if known:

- (a) The name, address, and telephone number of the person making the report.
- (b) The name, address, and telephone number of the licensed counselor being reported.
- (c) The case number of any client or patient whose treatment is a subject of the report. (d) A brief description or summary of the facts which gave rise to the issuance of the report, including dates of occurrences.
- (e)If court action is involved, the name of the court in which the action is filed along with the date of filing and docket number.
- (f) Any further information which would aid in the evaluation of the report.
- (3) Mandatory reports are exempt from public inspection and copying to the extent permitted under chapter **42.17** RCW.
- (4) A person is immune from civil liability, whether direct or derivative, for providing information to the department under RCW **18.130.070**.

[Statutory Authority: RCW **18.225.040**, **18.130.050**. WSR 06-09-032, § 246-809-060, filed 4/12/06, effective 5/13/06.]

#### 246-809-080

#### AIDS prevention and information education requirements.

Applicants must complete four clock hours of AIDS education as required in chapter 246-12 WAC, Part 8.

[Statutory Authority: 2001 c 251, RCW **43.70.250**. WSR 01-17-113, § 246-809-080, filed 8/22/01, effective 9/22/01.]

#### 246-809-100 One year exemption option.

Persons who submit an application for licensure as a marriage and family therapist by July 1, 2010, and who have held a registered counselor credential issued under chapter **18.19** RCW in good standing for five consecutive years since obtaining their master's degree in an approved field, are deemed to have met the supervised postgraduate experience requirements of WAC **246-809-130**. Applicants must meet the education requirements in WAC **246-809-120** and the examination requirements of WAC **246-809-140**. [Statutory Authority: Chapter **18.225** RCW. WSR 09-15-039, § 246-809-100, filed 7/8/09, effective 7/8/09.]

### 246-809-110 Definitions.

The following terms apply to the licensure of marriage and family therapists and marriage and family therapist associates.

(1) "Approved educational program" means:

(a) Any college or university accredited by a national or regional accrediting body recognized by the Commission on Recognition of Postsecondary Accreditation or its successor; or

(b) A program accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE), at the time the applicant completed the required education.

- (2) "Approved supervisor" means a licensed marriage and family therapist, or an equally qualified licensed mental health practitioner.
- (3) "Equally qualified licensed mental health practitioner" means a licensed mental health counselor, licensed clinical social worker, licensed psychologist, licensed physician practicing as a psychiatrist, or licensed psychiatric nurse practitioner, who has completed:

(a) Three hundred clock hours in graduate or postgraduate marriage and family education, or continuing education in marriage and family therapy or supervision by an approved marriage and family therapist supervisor in marriage and family therapy or any combination of these; and

(b) Five years of clinical practice that includes the equivalent of one year of clinical practice working with couples and families.

(4) "Group supervision" means face-to-face supervision with an approved supervisor, involving one supervisor and no more than six licensure candidates.

(5) "Licensure candidate" means an individual that is accruing supervised clinical experience required for licensure.

(6) "One-on-one supervision" means face-to-face supervision with an approved supervisor, involving one supervisor and no more than two licensure candidates.

(7) "Supervised experience requirement" means experience that is obtained under an approved supervisor who meets the requirements described in WAC **246-809-134**.

(8) "Supervision of supervision" means supervision by an approved supervisor for the purpose of training and qualifying a license holder to act as an approved supervisor for purposes of chapter **18.225** RCW and WAC **246-809-134**.

(9) "Peer" means a co-worker who is not the licensure candidate's employer or supervisor. [Statutory Authority: Chapter **18.225** RCW. WSR 09-15-039, § 246-809-110, filed 7/8/09, effective 7/8/09. Statutory Authority: RCW **18.225.040** and [18.225.]090. WSR 06-18-043, § 246-809-110, filed 8/30/06, effective 9/30/06.]

### 246-809-120

### Education requirements—Degree equivalents.

(1) To meet the education requirement for full licensure or associate licensure an applicant must have a master's or doctoral degree in marriage and family therapy or a behavioral science master's or doctoral degree with equivalent course work from an approved school. An official transcript must be provided as evidence of fulfillment of the course work required.

(2) The following are considered to be equivalent to a master's or doctoral degree in marriage and family therapy from an approved school:

(a) A doctoral or master's degree from an approved school in any of the behavioral sciences that shows evidence of fulfillment of the course work requirements set out in WAC **246-809-121**; or

(b) A doctoral or master's degree in any of the behavioral sciences from an approved school that shows evidence of partial fulfillment of the equivalent course work requirements set out in WAC **246-809-121**, plus supplemental course work from an approved school to satisfy the remaining equivalent course work requirements set out in WAC **246-809-121**.

- (3) Applicants who held a behavioral science master's or doctoral degree and are completing supplemental course work through an approved school to satisfy any missing program equivalencies may count any postgraduate experience hours acquired concurrently with the additional course work.
- (4) Anyone who has obtained American Association for Marriage and Family Therapy (AAMFT) clinical membership status is considered to have met the education requirements of this chapter. Verification must be sent directly to the department from the AAMFT. [Statutory Authority: Chapter 18.225 RCW. WSR 09-15-039, § 246-809-120, filed 7/8/09, effective 7/8/09. Statutory Authority: 2001 c 251, RCW 43.70.250. WSR 01-17-113, § 246-809- 120, filed 8/22/01, effective 9/22/01.]

#### 246-809-121 Program equivalency.

Course work equivalent to a master's or doctoral degree in marriage and family therapy must include graduate level courses in marital and family systems, marital and family therapy, individual development psychopathology, human sexuality, research, professional ethics and law, and supervised clinical practice and electives.

A total of forty-five semester credits and sixty quarter credits are required in all nine areas of study. A minimum of twenty-seven semester credits or thirty-six quarter credits are required in the first five areas of study: Marital and family systems, marital and family therapy, individual development psychopathology, human sexuality, and research. Distribution of the course work is as follows:

(1) Marital and family systems.

(a) An applicant must have taken at least two courses in marital and family systems. Course work required is a minimum of six semester credits or eight quarter credits. (b) Marital and family systems is a fundamental introduction to the systems approach to intervention. The student should learn to think in systems terms on a number of levels across a wide variety of family structures, and regarding a diverse range of presenting problems. While the most intense focus may be on the nuclear family (in both its traditional and alternative forms), models should be taught which integrate information regarding the marital, sibling, and individual subsystems, as well as the family of origin and external societal influences. Developmental aspects of family functioning should also be considered of the family system; it also provides a theoretical basis for treatment strategy. Some material may be drawn from familiar sources such as family sociology, but it should be integrated with recent clinically oriented systems concepts. Supplemental studies may include family simulation, the observation of well families, and study of the student's family of origin.

(2) Marital and family therapy.

(a) An applicant must have taken at least two courses in marital and family therapy. Course work required is a minimum of six semester credits or eight quarter credits. (b) Marital and family therapy is intended to provide a substantive understanding of the major theories of systems change and the applied practices evolving from each orientation. Major theoretical approaches to be surveyed might include strategic, structural, experiential, neoanalytical (e.g., object relations), communications, and behavioral. Applied studies should consider the range of technique associated with each orientation, as well as a variety of treatment structures, including individual, concurrent, collaborative, conjoint marital, marital group, transgenerational, and network therapies. (3) Individual development.

(a) An applicant must have taken at least one course in individual development.
Course work required is a minimum of two semester credits or three quarter credits.
(b) A course in this area is intended to provide a knowledge of individual personality development and its normal and abnormal manifestations. The student should have relevant course work in human development across the life span, and in personality theory. An attempt should be made to integrate this material with systems concepts. Several of the courses in this category may be required as prerequisites for some degree programs.

(4) Psychopathology.

(a) An applicant must have taken at least one course in psychopathology. Course work required is a minimum of two semester credits or three quarter credits.

(b) Psychopathology is the assessment and diagnosis including familiarity with current diagnostic nomenclature, diagnostic categories and the development of treatment strategies.

(5) Human sexuality.

(a) An applicant must have taken at least one course in human sexuality. Course work required is a minimum of two semester credits or three quarter credits.

(b) Human sexuality includes normal psycho-sexual development, sexual functioning and its physiological aspects and sexual dysfunction and its treatment.

(6) Research.

(a) An applicant must have taken at least one course in research methods. Course work required is a minimum of three semester credits or four quarter credits.

(b) The research area is intended to provide assistance to students in becoming informed consumers of research in the marital and family therapy field. Familiarity with substantive findings, together with the ability to make critical judgments as to the adequacy of research reports, is expected.

(7) Professional ethics and law.

(a) An applicant must have taken at least one course in professional ethics and law.
Course work required is a minimum of three semester credits or four quarter credits.
(b) This area is intended to contribute to the development of a professional attitude and identity. Areas of study will include professional socialization and the role of the professional organization, licensure or certification legislation, legal responsibilities and liabilities, ethics and family law, confidentiality, independent practice and interprofessional cooperation.

(8) Electives.

(a) An individual must take one course in an elective area. Course work required is a minimum of three semester credits and four quarter credits.

(b) This area will vary with different institutions but is intended to provide supplemental and/or specialized supporting areas.

(9) Supervised clinical practice.

(a) An applicant may acquire up to nine semester credits or twelve quarter credits through supervised clinical practice in marriage and family therapy under the supervision of a qualified marriage and family therapist as determined by the school.
(b) If an applicant completed a master's or doctoral degree program in marriage and family therapy, or a behavioral science master's or doctoral degree with equivalent course work, prior to January 1, 1997; and if that degree did not include a supervised clinical practice component, the applicant may substitute the clinical practice component with proof of a minimum of three years postgraduate experience in marriage and family therapy, in addition to the two years supervised postgraduate experience required under section 9(1), chapter 251, Laws of 2001.

[Statutory Authority: Chapter **18.225** RCW. WSR 09-15-039, § <sup>1</sup>-809-121, filed 7/8/09, effective 7/8/09. Statutory Authority: 2001 c 251, RCW **43.70.250**. WSR 01-17-113, § 246-809-121, filed 8/22/01, effective 9/22/01.]

family therapist with at least five years' clinical experience; the other one hundred hours may be with an equally qualified licensed mental health practitioner. Total experience requirements include:

- (1) A minimum of three thousand hours of experience, one thousand hours of which must be direct client contact; at least five hundred hours must be gained in diagnosing and treating couples and families; plus
- (2) At least two hundred hours of qualified supervision with an approved supervisor. At least one hundred of the two hundred hours must be one-on-one supervision, and the remaining hours may be in one-on-one or group supervision.

(3) Applicants who have completed a master's program accredited by the Commission on Accreditation for Marriage and Family Therapy Education of the American Association for Marriage and Family Therapy may be credited with five hundred hours of direct client contact and one hundred hours of formal meetings with an approved supervisor.

#### <sup>1</sup> -809-130

#### Supervised postgraduate experience.

The experience requirements for the marriage and family therapist applicant's practice area include successful completion of a supervised experience requirement. The experience requirement consists of a minimum of two calendar years of full-time marriage and family therapy. Of the total supervision, one hundred hours must be with a licensed marriage and

- (4) Licensed marriage and family therapist associate applicants are not required to have supervised postgraduate experience prior to becoming an associate.
- (5) Licensed marriage and family therapist associate applicants must declare they are working towards full licensure.

[Statutory Authority: Chapter **18.225** RCW. WSR 09-15-039, § 246-809-130, filed 7/8/09, effective 7/8/09. Statutory Authority: RCW **18.225.040** and [18.225.]090. WSR 06-18-043, § 246-809-130, filed 8/30/06, effective 9/30/06. Statutory Authority: 2001 c 251, RCW **43.70.250**.

WSR 01-17-113, § 246-809-130, filed 8/22/01, effective 9/22/01.]

### 246-809-134

#### Approved supervisor.

- (1) The approved supervisor must hold a license without restrictions that has been in good standing for at least two years.
- (2) The approved supervisor must not be a blood or legal relative or cohabitant of the licensure candidate, licensure candidate's peer, or someone who has acted as the licensure candidate's therapist within the past two years.
- (3) The approved supervisor, prior to the commencement of any supervision, must provide the licensure candidate a declaration, on a form provided by the department, that the supervisor has met the requirements of WAC 246-809-134 and qualify as an approved supervisor.
- (4) The approved supervisor must have completed the following:
  - (a) A minimum of fifteen clock hours of training in clinical supervision obtained through:
    - (i) A supervision course; or
    - (ii) Continuing education credits on supervision; or
    - (iii) Supervision of supervision; or
    - (iv) Any combination of these; and
  - (b) Twenty-five hours of experience in supervision of clinical practice; or (c) An American Association for Marriage and Family Therapy (AAMFT) approved supervisor meets the qualifications above.
- (5) The approved supervisor must attest to having thorough knowledge of the supervisee's practice activities including:
  - (a) Practice setting;
  - (b) Recordkeeping;

- (c) Financial management; (d) Ethics of clinical practice; and (e) A backup plan for coverage.
- (6) Applicants whose supervised postgraduate experience began before September 30, 2006, are exempt from the requirements of subsection (4) of this section.

[Statutory Authority: Chapter **18.225** RCW. WSR 09-15-039, § 246-809-134, filed 7/8/09, effective 7/8/09. Statutory Authority: RCW **18.225.040** and [18.225.]090. WSR 06-18-043, § 246-809-134, filed 8/30/06, effective 9/30/06.]

#### 246-809-140 Examination.

Examination required. Applicants for full licensure must take and pass the Association of Marital and Family Therapy Regulatory Boards (AMFTRB) examination. The passing score on the examination is established by the testing company in conjunction with the AMFTRB. [Statutory Authority: Chapter **18.225** RCW. WSR 09-15-039, § 246-809-140, filed 7/8/09, effective 7/8/09. Statutory Authority: 2001 c 251, RCW **43.70.250**. WSR 01-17-113, § 246-809-140, filed 8/22/01, effective 9/22/01.]

### 246-809-610 Eligible continuing education activities.

The continuing education (CE) program or course must: Be relevant to licensed marriage and family therapists, licensed mental health counselors and licensed social workers and must contribute to the advancement, extension and enhancement of the professional competence of the licensed marriage and family therapist, licensed mental health counselor, and licensed social worker. Courses or workshops primarily designed to increase practice income or office efficiency are not eligible for CE credit.

(1) Acceptable CE courses (including distance learning), seminars, workshops and postgraduate institutes are those which are:

(a) Programs having a featured instructor, speaker(s) or panel approved by an industry- recognized local, state, national, international organization or institution of higher learning; or

(b) Distance learning programs, approved by an industry-recognized local, state, national or international organization or institution of higher learning. These

programs must require tests of comprehension upon completion. Distance learning programs are limited to twenty-six hours per reporting period.

(2) Training programs sponsored by the agency where a counselor is employed are acceptable if:

(a) The experience can be shown to contribute to the advancement, extension and enhancement of the professional competence of the licensed marriage and family therapist, licensed mental health counselor and/or the licensed social worker; and (b) The training programs are limited to twenty-six hours per reporting period.

(3) Other learning experience, such as serving on a panel, board or council, community service, research, peer consultation, or publishing articles for professional publications are acceptable if:

(a) The experience can be shown to contribute to the advancement, extension and enhancement of the professional competence of the licensed marriage and family therapist, licensed mental health counselor and/or the licensed social worker; and (b) The experience is limited to six hours per reporting period.

[Statutory Authority: RCW **43.70.442**(7). WSR 14-09-102, § 246-809-610, filed 4/22/14, effective 4/22/14. Statutory Authority: RCW **18.225.040**. WSR 04-06-010, § 246-809-610, filed 2/20/04, effective 3/22/04. Statutory Authority: Chapter **18.19** RCW. WSR 02-11-108, § 246-809-610, filed 5/20/02, effective 6/20/02.]

### 246-809-615

### Suicide training standards.

- (1) An approved training in suicide assessment, treatment, and management must: (a) Be approved by an industry-recognized local, state, national, international organizations or institutions of higher learning listed in WAC 246-809-620 or an equivalent organization, educational institution or association which approves training based on observation and experience or best available practices;
  - (b) Cover training in suicide assessment, treatment, and management; and
  - (c) Be provided by a single provider and must be at least six hours in length, which may be provided in one or more sessions.
- (2) A licensed marriage and family therapist, licensed mental health counselor, or licensed social worker who is a state or local government employee is exempt from the requirements of this section if he or she receives a total of at least six hours of training in suicide assessment, treatment, and management from his or her employer every six

years. For purposes of this subsection, the training may be provided in one six-hour block or may be spread among shorter training sessions at the employer's discretion.

(3) A licensed marriage and family therapist, licensed mental health counselor, or licensed social worker who is an employee of a community mental health agency licensed under chapter71.24 RCW or a chemical dependency program certified under chapter 70.96A RCW is exempt from the requirements of this section if he or she receives a total of at least six hours of training in suicide assessment, treatment, and management from his or her employer every six years. For purposes of this subsection, the training may be provided in one six-hour block or may be spread among shorter training sessions at the employer's discretion.

[Statutory Authority: RCW **43.70.442**(7). WSR 14-09-102, § 246-809-615, filed 4/22/14, effective 4/22/14.]

#### 246-809-620

# Industry-recognized local, state, national, international organizations or institutions of higher learning.

Local, state, national, and international organizations that are industry-recognized and institutions of higher learning include, but are not limited to, the following:

- (1) Washington Association for Marriage and Family Therapy;
- (2) Washington State Society for Clinical Social Work;
- (3) Washington Chapter of the National Association of Social Work;
- (4) American Mental Health Counselors Association;
- (5) American Association for Marriage and Family Therapy;
- (6) Clinical Social Work Association;
- (7) National Association of Social Workers;
- (8) Washington Mental Health Counselors Association;
- (9) National Board for Certified Counselors;
- (10) Society for Social Work Leadership in Health Care; and

(11) Institutions of higher learning that are accredited by a national or regional accrediting body recognized by the Commission on Recognition of Postsecondary Accreditation. [Statutory Authority: RCW **43.70.442**(7). WSR 14-09-102, § 246-809-620, filed 4/22/14, effective 4/22/14. Statutory Authority: RCW **18.225.040**. WSR 04-06-010, § 246-809-620, filed

2/20/04, effective 3/22/04. Statutory Authority: Chapter **18.19** RCW. WSR 02-11-108, § 246-809-620, filed 5/20/02, effective 6/20/02.]

### 246-809-630 Continuing education requirements.

(1) A licensed marriage and family therapist, licensed mental health counselor and licensed social worker must complete thirty-six hours of continuing education (CE) every two years. (2) At least six of the thirty-six hours must be in professional ethics and law, which may include topics under RCW 18.130.180.

(3) Beginning January 1, 2014, at least once every six years a licensed marriage and family therapist, licensed mental health counselor, and licensed social worker must complete at least six hours of training in suicide assessment, treatment, and management.

(a) The first training must be completed during the first full CE reporting period after January 1, 2014, or the first full CE period after initial licensure, whichever occurs later.(b) The hours spent completing training in suicide assessment, treatment, and management count toward the total thirty-six hours of CE.

(c) An individual applying for initial licensure as a licensed marriage and family therapist, licensed mental health counselor, or licensed social worker on or after January 1, 2014, may delay completion of the first training required for six years after initial licensure if he or she can demonstrate completion of six hours of training in suicide assessment, treatment, and management that:

- (i) Was completed no more than six years prior to the application for initial licensure; and
- (ii) Meets the qualifications listed in WAC 246-809-615.

[Statutory Authority: RCW **43.70.442**(7). WSR 14-09-102, § 246-809-630, filed 4/22/14, effective 4/22/14. Statutory Authority: RCW **18.225.040**. WSR 04-06-010, § 246-809-630, filed 2/20/04, effective 3/22/04. Statutory Authority: Chapter **18.19** RCW. WSR 02-11-108, § 246-809-630, filed 5/20/02, effective 6/20/02.]

#### 246-809-640

### Credit hours for preparation and presentation of a lecture or educational course.

A licensed counselor who presents at an eligible continuing education (CE) activity under WAC **246-809-630** may receive the same CE credit hours as a licensee who attends the presentation. The hours for preparing and presenting a specific topic lecture or education may only be used for CE credit once during each reporting period.

[Statutory Authority: RCW **43.70.442**(7). WSR 14-09-102, § 246-809-640, filed 4/22/14, effective 4/22/14. Statutory Authority: Chapter **18.19** RCW. WSR 02-11-108, § 246-809-640, filed 5/20/02, effective 6/20/02.]

#### 246-809-650 How do I document my courses?

Acceptable documentation shall include transcripts, letters from course instructors, certificate of completion, or other formal certification, as required in chapter **246-12** WAC, Part 7.

[Statutory Authority: Chapter **18.19** RCW. WSR 02-11-108, § 246-809-650, filed 5/20/02, effective 6/20/02.]

## 246-809-700

#### **Client disclosure information.**

Licensees must provide disclosure information to each client in accordance with chapter **18.225** RCW prior to implementation of a treatment plan. The disclosure information must be specific to the type of treatment service offered; in a language that can be easily understood by the client; and contain sufficient detail to enable the client to make an informed decision whether or not to accept treatment from the disclosing licensee.

Firms, agencies, or businesses having more than one licensee involved in a client's treatment, may provide disclosure information general to that agency. In these cases, the licensee would not be required to duplicate the information disclosed by the agency.

The disclosure information may be printed in a format of the licensee's choosing, but must include all required disclosure information per WAC **246-809-710**. [Statutory Authority: RCW **18.225.040**. WSR 04-06-011, § 246-809-700, filed 2/20/04, effective 3/22/04.]

### 246-809-710

#### **Required disclosure information.**

(1) The following information shall be provided to each client or patient at the commencement of any program of treatment:

- (a) Name of firm, agency, business, or licensee's practice;
- (b) Licensee's business address and telephone number;
- (c) Washington state license number;
- (d) The licensee's name;
- (e) The methods or treatment modality and therapeutic orientation the licensee uses;

- (f) The licensee's education, and training; (g) The course of treatment, when known;(h) Billing information, including:
- (i) Client's cost per each treatment session; and
- (ii) Billing practices, including any advance payments and refunds;

(i) Clients are to be informed that they as individuals have the right to refuse treatment and the right to choose a practitioner and treatment modality which best suits their needs;

(j) This subsection does not grant (clients) new rights and is not intended to supersede state or federal laws and regulations, or professional standards;

(k) The licensee must provide department of health contact information to the client so the client may obtain a list of or copy of the acts of unprofessional conduct listed under RCW18.130.180. Department of health contact information must include the name, address, and telephone number for the health professions complaint process.

(2) Associates must provide each client or patient, during the first professional contact, with a disclosure form disclosing that he or she is an associate under the supervision of an approved supervisor. Associates may not independently provide clinical social work, mental health counseling, or marriage and family therapy for a fee, monetary or otherwise.

(3) Signatures are required of both the licensee providing the disclosure information and the client following a statement that the client had been provided a copy of the required disclosure information and the client has read and understands the information provided.

The date of signature by each party is to be included at the time of signing. [Statutory Authority: Chapter **18.225** RCW. WSR 09-15-039, § <sup>2</sup>-809-710, filed 7/8/09, effective 7/8/09. Statutory Authority: RCW **18.225.040**. WSR 04-06-011, § 246-809-710, filed 2/20/04, effective 3/22/04.]

### 246-809-720

### Failure to provide client disclosure information.

Failure to provide the client disclosure information required under WAC **246-809-700** and **246-809-710**, and required under RCW **18.225.100**, constitutes an act of unprofessional conduct as defined in RCW **18.130.180**(7). [Statutory Authority: RCW **18.225.040**. WSR 04-06-011, § 246-809-720, filed 2/20/04, effective 3/22/04.]

#### Retired active credential.

(1) To obtain a retired active license a licensed counselor must comply with chapter **246- 12** WAC, Part 5.

(2) A licensed counselor with a retired active license may practice no more than ninety days each year in Washington, or practice only in emergency circumstances such as earthquakes, floods, time of declared war or other states of emergency; and

(3) A licensed counselor with a retired active license must renew yearly on their birthday, and must report thirty-six hours of continuing education as required under WAC **246-809- 630** every two years.

[Statutory Authority: RCW **18.130.250**, chapter **18.225** RCW, and 2012 c 58. WSR 13-16-034, § 246-809-730, filed 7/29/13, effective 8/29/13.]

#### 246-809-990

#### Licensed counselor, and associate—Fees and renewal cycle.

- (1) Licenses must be renewed every year on the practitioner's birthday as provided in chapter **246-12** WAC, Part 2.
- (2) Associate licenses are valid for one year and must be renewed every year on the date of issuance. The associate license may be renewed no more than six times.
- (3) The following nonrefundable fees will be charged:

Title Fee Licensed marriage and family therapist	Original application
Application	\$150.00
License	75.00
UW online access fee (HEAL-WA)	16.00
Active license renewal	
Renewal	140.00
Late renewal penalty	70.00
Expired license reissuance	85.00
UW online access fee (HEAL-WA)	16.00
Retired active license renewal	
Renewal	70.00
Late renewal penalty	35.00

UW online access fee (HEAL-WA)	16.00
Title	Fee
Duplicate license 10.00 Verification of license 10.00	

Licensed marriage and family therapy associate Original appli	cation
Application	50.00
UW online access fee (HEAL-WA)	16.00
Renewal	
Renewal	40.00
UW online access fee (HEAL-WA)	16.00
Late renewal penalty	40.00
Expired license reissuance	40.00
Duplicate license 15.00 Verification of license 15.00	

# **APPENDIX I**

**Faculty Bios** 

#### MFT Program Faculty

#### Doug Jones, PhD, LMFT, LMHC, Associate Professor (Program Director)

Dr. Jones is an AAMFT Approved Supervisor who has been in counselor education and clinical practice for over 20 years. He has worked in private practice and church counseling settings. His areas of interest are integration of faith into practice and working with couples raising children with Autism Spectrum Disorder diagnoses. Dr. Jones is an ordained minister and is actively engaged in missions work in South Asia. He serves as Executive Director of Northwest Connect, an outreach ministry serving low SES populations. Dr. Jones was recognized by the Washington Association for Marriage and Family Therapy as its Educator of the Year for 2015. Education:

B.S. in Business Administration/Accounting San Diego State University	1977
M.Ed. in Human Development Counseling Vanderbilt University	1981
M.A. in Marriage and Family Counseling Southwestern Baptist Seminary	1995
M.A. in Religious Education Southwestern Baptist Seminary	1995
Ph.D. in Psychology/Counseling Southwestern Baptist Seminary	1999

#### Horatius Gittens, Ph.D., LMFT, Assistant Professor

Horatius Gittens, Ph.D., is graduate of Loma Linda University's COAMFTE Ph.D. program in Marriage and Family Therapy. He possesses more than eight years of progressive experience in counseling and family therapy with service in multiple clinical settings and a variety of modalities. Dr. Gittens' areas of therapeutic interests include couples' therapy, family therapy with traumatized children, and service to substance abusing youth. He has served as an ordained Minister of Religion for over twenty years and has done volunteer service in many inner-city communities around the country during that period. Dr. Gittens also has research and teaching experience that included serving as Research Assistants Supervisor for NIH grant funded projects of Adventist Health Studies II (2007) and Researcher with Changing Health for Adult Men with New and Great Experiences (Project C.H.A.N.G.E) research activities dealing with prostate cancer screening issues with African American families (2013 to 2016).

#### **Education:**

B.A Theology	University of the Southern Caribbean	1980
M.A. Religion	Andrews University, Berrien Springs MI	1986
M.B.A. Master in Business Administration	Andrews University, Berrien Springs MI	1989
M.A. Psychology	Loma Linda University, Loma Linda CA	2008
Ph.D. Marriage and Family Therapy	Loma Linda University, Loma Linda CA	2015

## Carrie Killinger, MA. LMFT, Lecturer

Carrie grew up in Spokane, WA. She completed her undergraduate at Washington State University in Social Sciences and began volunteering as a Court Appointed Special Advocate® (CASA) within the Spokane County Juvenile Courts, advocating for abused and neglected children. Carrie completed her Masters of Arts in Marriage and Family Therapy at Whitworth University. She is a licensed Marriage and Family Therapist. Upon graduation, she opened a private practice, Mountain View Therapy in the North side of town and also co-owns Inland Therapy Collective. Carrie is currently an AAMFT Supervisor Candidate, Clinical Supervisor for Whitworth University's Marriage and Family Therapy Clinic. In her practice she specializes in trauma informed care including trauma-focused cognitive behavior therapy for children and Parent Child Interaction Therapy, Cognitive Processing Therapy and recently completed level four of Lifespan Integration in preparation for certification. She is trained and uses Gottman and Emotionally Focused Therapy with couples.

### Education:

•	BA in Social Sciences,	Washington State University,	2010
•	MA in Marriage and Family Therapy,	Whitworth University,	2017

# Bornell Nicholson, PhD, LMFT, Assistant Professor (Clinical Director)

Bornell Nicholson is a licensed Marriage and Family Therapist and AAMFT Approved Supervisor. Dr. Nicholson works with individuals, couples, adults, and families; with a clinical specialty of working with Black males and couples. He is a Clinical Fellow of the American Association for Marriage and Family Therapy and a trained Prepare/Enrich Facilitator. He is certified in Narrative Focused Trauma Care Level I and DV prevention. Dr. Nicholson has taught both at the undergraduate and graduate level. He serves as the Clinical director and assistant professor of the MFT program at Whitworth University. His areas of research include fatherhood, couples, and faith integration. Dr. Nicholson has also written blogs on couples in conflict and men's emotional health."

### Education:

• BA in Psychology,

- Wheaton College,
- MA in Marriage and Family Therapy,

Wheaton College, 2017 Kansas State University, 2020

2015

PhD in Health and Humans Services"Emphasis in Couples and Family Therapy



GSE Diversity Plan



# Graduate Studies in Education (GSE) Diversity Recruitment Plan

The Graduate Studies in Education (GSE) Department recognizes that an inclusive community is a reflection of the nature of God. Recruiting students who come from various backgrounds remains a priority of the department. In recruiting students into its programs. The GSE department will attempt to attract students from different socio-economic backgrounds, religions, ethnicities and countries of origin. Individuals living with disabilities are also among the people that the department seeks to recruit.

Below are some strategies that the department will employ to recruit students from various backgrounds:

- The GSE department will develop a clear diversity statement and set of goals.
  - A statement of goals will help clarify the importance and need for diversity in the in the professions represented in the programs offered.
- Advertise the GSE Department's Diversity and Disability Scholarship.
  - The GSE Diversity and Disability Scholarship pays for 25 percent of a student's tuition. This is an attempt to assist students who often view graduate school as unattainable because of their life circumstances.
- Advertise the GSE needs-based grants.
  - Grants based on financial needs are available to GSE students. Financial needs
    must be verifiable and may be awarded in conjunction with one of the above
    mentioned scholarship with a combined total less than 50% of the tuition.
- Advertise Whitworth's commitment to supporting every student through the provision of campus resources, mentors and advising.
  - Whitworth offers outstanding support to students in the form of one-on-one time with faculty and staff who are dedicated to helping them thrive. Outstanding campus facilities also enable students to enroll and complete their graduate programs.
- Liaise with churches and other community agencies (e.g. NAACP) to organize events that will benefit individuals from various ethnic, religious and socioeconomic backgrounds. 

   The department will make it a goal to work closely with churches and other community agencies to inform their members of needs in the Spokane community and how graduate programs at Whitworth are helping to address those needs.
- Advertise GSE's Test-Optional Admissions Policy.

- Standardized tests are often a deterrent for many people who want to pursue graduate education. The GSE department offers a fine opportunity for students to enroll and succeed at the graduate level without taking a standardized test.
- Develop a clear admissions process for international students and publish it on the department's website. 

   The GSE department seeks to welcome students from around the world and as such, there is a need to develop and publish the admissions process for students from other countries who want to study in the United States.
- Introduce a diversity event geared towards having prospective students on campus to learn more about the opportunities in the department. 

   This event will help answer questions about diversity on the Whitworth campus and specifically in GSE.
- Recruitment of more men to GSE programs through targeted on-campus events and offcampus outreach.
  - Historically, GSE programs have enrolled more women than men. To improve this trend, a goal of the department is to recruit more men through programs and events.

# **APPENDIX K**

Portability of Degree and Program Transparency and Informed Acknowledgment

#### Information about Licensing Exam, Links to State Regulatory Boards and Other Pertinent Information (Portability of the Degree)

To obtain information about different state licensure requirements, you may search the Association of Marital and Family Regulatory Boards (AMFTRB) at <u>http://www.amftrb.org</u>. This website also contains information about the AMFTRB National exam, as does the website of the <u>Washington State Department of Health</u>.

It is the policy of the program to review Whitworth LMFT requirements when prospective students are interviewed for admission into the program and again at new student orientation. During those meetings we also discuss how students can utilize the <u>www.amftrb.org</u> site to obtain information about contacting state licensure boards to inquire about licensure requirements in states other than Washington.

The program director will meet with any student who wants assistance in knowing how to contact the licensure board in jurisdiction to determine if the Whitworth MFT program meets the requirements for that state.

Marriage and Therapy Program Transparency and Informed Acknowledgment.

Licensure in the field of Marriage and Family Therapy in the State of Washington is governed by the Washington Department of Health. The education requirements may be met by a degree in Marriage and Family Therapy that meets the following requirements:

a. Any college or university accredited by a national or regional accrediting body recognized by the Commission on Recognition of Postsecondary Accreditation or its successor; or

b. A program accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE).

The Whitworth University Marriage and Family Therapy program meets these requirements in the following way:

Whitworth is accredited by the Northwest Commission on Colleges and Universities, which is recognized by the United States Department of Education (USDE) and the Council on Higher Education Accreditation (CHEA) to accredit postsecondary institutions.

The Marriage and Family Therapy at Whitworth is also accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE).

The State of Washington also requires 4 hours of training in HIV/AIDS. This requirement is met in the Introduction to Marriage and Family Therapy Course.

In addition to meeting education requirements for initial credentialing as a Licensed Marriage and Family Therapist Associate the State of Washington requires the following post-graduate experience prior to full licensure as a Licensed Marriage and Family Therapist:

Applicants must complete a minimum of two calendar years of full-time marriage and family therapy, and at least 3,000 hours of experience, 1,000 hours of which must be direct client contact. At least 500 hours must be gained in diagnosing and treating couples and families; and At least 200 hours of qualified supervision with an approved supervisor. At least 100 of the 200 hours must be one-on-one supervision, and the remaining hours may be in one-on-one or group supervision.

Of the total supervision, 100 hours must be with a licensed marriage and family therapist (LMFT) who has at least five years of clinical experience. The other 100 hours may be with an equally qualified licensed mental health practitioner. Applicants who have completed a master's program accredited by the Commission on Accreditation for Marriage and Family Therapy Education of the American Association for Marriage and Family Therapy (COAMFTE) will be credited with 500 hours of direct client contact and 100 hours of formal meetings with an approved supervisor. Verification of post-graduate supervised experience must be verified by an approved supervisor, on forms the department provides.

The website link for MFT licensing is <u>https://doh.wa.gov/licenses-permits-and-certificates/professions-new-renew-or-update/marriage-and-family-therapist/licensing-information</u>

The Department of Health can also be reached by mail at: Department of Health P.O. Box 1099 Olympia, WA 98507-1099

# The department of Health can be reached by phone at 360-236-4700

Whitworth University's Marriage and Family Therapy (MFT) program, currently meets the educational requirements in all 50 states for a Marriage and Family Therapy Associate License. Some states have

clinical hour requirements which exceed the hour currently requires for graduation from the Whitworth MFT program. Please check with the state where you plan to become license to ensure you complete the required hours while enrolled at Whitworth University. Please note that some states have additional requirements beyond the educational component, such as a passing score on a national or state exam, for licensure. A chart summarizing this information is available on our website at <a href="https://www.whitworth.edu/cms/about/accreditation/programs-leading-to-state-certification-or-licensure/marriage-and-family-therapy/">https://www.whitworth.edu/cms/about/accreditation/programs-leading-to-state-certification-or-licensure, please contact the program director, Doug Jones.</a>

To obtain information about different state licensure requirements, you may search the Association of Marital and Family Regulatory Boards (AMFTRB) at <u>http://www.amftrb.org.</u> This website also contains information about the AMFTRB National exam, as does the website of the <u>Washington State</u> <u>Department of Health.</u>

It is the policy of the program to review Whitworth LMFT requirements when prospective students are interviewed for admission into the program and again at new student orientation. During those meetings we also discuss how students can utilize the <u>www.amftrb.org</u> site to obtain information about contacting state licensure boards to inquire about licensure requirements in states other than Washington.

The program director will meet with any student who wants assistance in knowing how to contact the licensure board in jurisdiction to determine if the Whitworth MFT program meets the requirements for that state.

Whitworth University incorporates telehealth into the clinical training component of the program. Washington law RCW <u>43.70.495</u> requires that all Health Care Professionals complete training in telehealth before engaging in that practice. Although students in training do not meet the definition of "Health Care Providers" as defined by the RCW (Health care professional" means a person licensed, registered, or certified to provide health services) the program still provides training in telehealth before beginning Practicum. Virtual supervision is conducted via a HIPAA compliant Zoom platform which conforms to expectations of the State of Washington.

My signature below acknowledges receipt of this policy and information

Signature

Printed Name

#### Information about Licensing Exam, Links to State Regulatory Boards and Other Pertinent Information (Portability of the Degree)

To obtain information about different state licensure requirements, you may search the Association of Marital and Family Regulatory Boards (AMFTRB) at <u>http://www.amftrb.org</u>. This website also contains information about the AMFTRB National exam, as does the website of the <u>Washington State Department of Health</u>.

It is the policy of the program to review Whitworth LMFT requirements when prospective students are interviewed for admission into the program and again at new student orientation. During those meetings we also discuss how students can utilize the <u>www.amftrb.org</u> site to obtain information about contacting state licensure boards to inquire about licensure requirements in states other than Washington.

The program director will meet with any student who wants assistance in knowing how to contact the licensure board in jurisdiction to determine if the Whitworth MFT program meets the requirements for that state.



Self-Service Instructions

# Self-Service

# Instructions for Registering for Classes

# Contents

2.

Logging into Self-Service	1
Creating your degree plan	2
Review your Degree Plan	6
Send your Degree Plan for Review by your Advisor	8
How to register	9

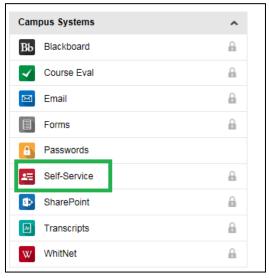
# Logging into Self-Service

1. From <u>http://www.whitworth.edu/cms/</u>, click on Pirate Port

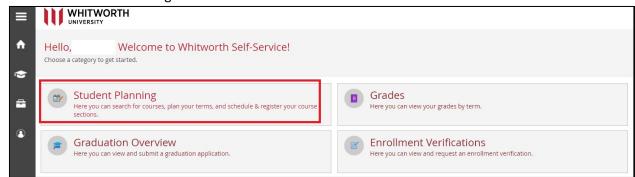
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		Tai	197		
Click the red "Log In" button					

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•	Adult Degree Students	Alumni	Applicants	Faculty & Staff	Family	Graduat	te Students	Undergraduate Stu	idents
	Pirate Po	rt   Public			Search Pira	ate Port	60 Log In		

3. Click on "Self-Service" under "Campus Systems"

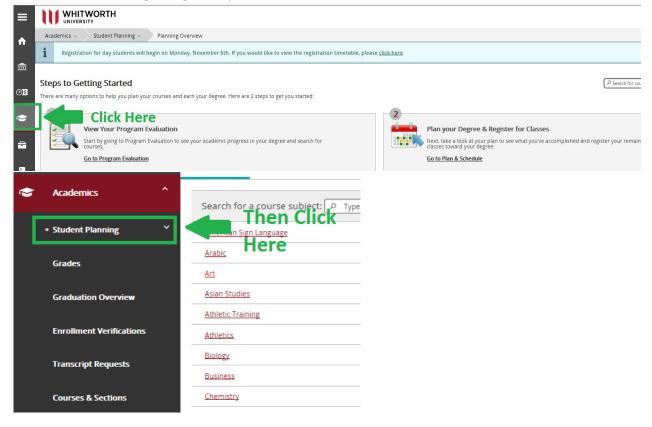


#### 4. Click on "Student Planning"



#### Creating your degree plan

1. From Student Planning, navigate to your "Timeline"



~		·
	Academics	Search for a course subject: P Type a subject
• 9	Student Planning	American Sign Language
	Planning Overview	Arabic
		Art
	Program Evaluation	Asian Studies
	Plan & Schedule	Athletics
	Courses & Sections	Biology
		Business
	Test Summary	Chemistry
	Unofficial Transcript	Chinese
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	Plan your Degree	and Schedule your courses
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2. Add all of the terms you are planning on taking classes

Plan your Degree and Schedule your courses	P Search for courses_
Schedule Timeline Advising Petitions & Waivers	
	Add a Term
2017 Fall Semester = *	Click Here
Add a Term to Your Plan	
Please select a term to be added 2017 Fall Accel Ev Semester 2018 Spring Semester 2018 Spring Accel Ev Semester 2018 Summer Semester 2018 Summer Accel Ev Semester 2018 Fall Semester 2019 Fall Semester 2019 Spring Semester 2019 Summer Semester 2019 Summer Accel Ev Term 2019 Summer Accel Ev Term 2019 Fall Semester 2019 Accelerated Fall Sem 2020 Spring Semester 2020 Spring Semester 2020 Spring Semester 2020 Spring Semester 2020 Summer Accel Ev Term 2020 Spring Semester 2020 Summer Accel Ev Term 2020 Spring Semester 2020 Summer Accel Ev Term 2020 Fall Semester 2020 Fall Semester 2021 Fall Semester 2021 Fall Semester 2021 Fall Semester	to your plan:

3. Repeat adding terms until you have as many as you need. It should look similar to this:

nedule Timeline Advi	ising Petitions & Waivers									
										Ad
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4. Navigate to "Courses and Sections"

≡			
♠	Academics 🗸 Student Planning 🗸 Planning Ove	rview	
	<b>1</b> Registration for day students will begin on Monday	click here	
盦			
িছ	Steps to Getting Started		P Search for co
	There are many options to help you plan your courses and ea	rn your degree. Here are 2 steps to get you started:	
1	Click Here		2
	View Your Program Evaluation		Plan your Degree & Register for Classes
=	Start by going to Program Evaluation to see courses.	your academic progress in your degree and search for	Next, take a look at your plan to see what you've accomplished and register your remain classes toward your degree.
_	Go to Program Evaluation		Go to Plan & Schedule
\$	Academics ^	1 View Your Program Evaluation	
	• Student Planning 🛛 🗡	Start by going to Program Evaluation 1 for courses.	
	Grades		
	Graduation Overview	Programs	
	Enrollment Verifications	Cert. Secondary Education	
	Transcript Requests	2017 Fall Semester Schedule	
	Courses & Sections	Thei Click Here	

5. Search through courses by the exact course number by entering the course number in the top search bar

# Search by Exact Course Number

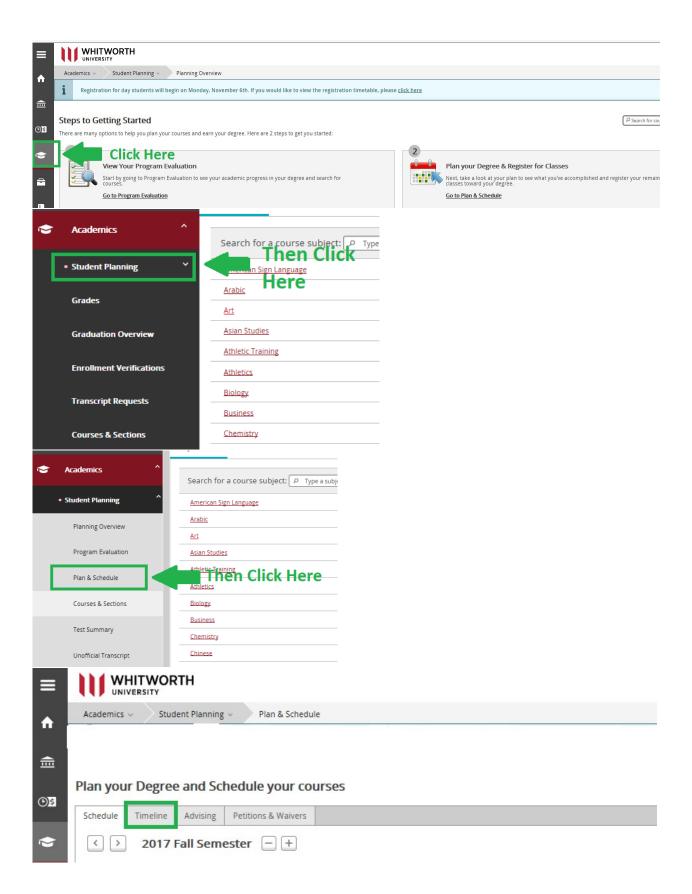
Search for Courses and Course Sections	
Subject Search Advanced Search	Enter Course Number Here and press Enter

6. After you find the course to add to your plan, press "Add Course to Plan", Select a Term, and press "Add Course to Plan"

7. Complete Steps 5 and 6 until you have all the courses for your degree plan

### **Review your Degree Plan**

1. Navigate to your "Timeline"



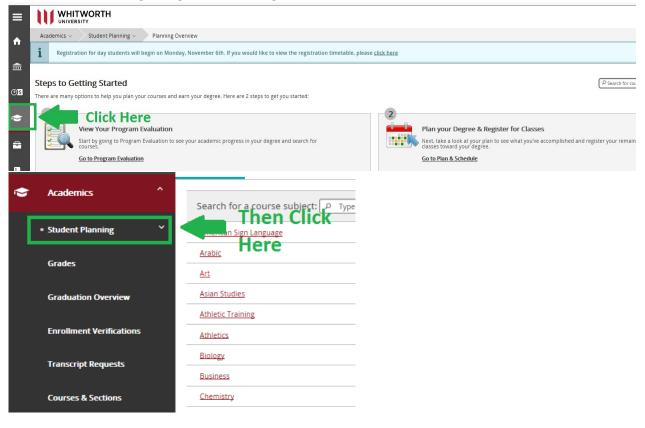
#### 2. Review the courses that you are planning on taking

Pla	n your Degre	e and Schedule	e your courses			P Sei	arch for courses	_
So	hedule Timeline	Advising Petition	ns & Waivers					
							Remove Planned Courses Add a Terr	m
	2018 Fall Semes	ter ×	2019 Jan Term x	2019 Spring Semester X	2019 Summer Semester X	2019 Fall Semester x	2020 Jan Term X	2
	EDA-511: Orientation Credits: 1	ı to Leadership ×	EDA-512: Visionary& Transfor.Leadership X Credits: 3	EDA-515: Human & Org. Resources X Credits: 2	EDA-517: Legal & Ethical Leadership X Credits: 3	EDA-502: Intro to Admin. Leadership X Credits: 1	EDA-506: Student Dev Theory & Practice X Credits: 3	
	EDU-515: Educationa Credits: 4	I Research ×		EDA-518: Intercultural Comm & Conflict × Credits: 2		EDU-526: Div., Equity and Inclusion X Credits: 3		
<								
		f Director Condition	2 Marcal Carlie	1 Marcal Carlo	20 months for the	d Dimond Country	20 march for the	
		5 Planned Credits	3 Planned Credits	4 Planned Credits	3 Planned Credits	4 Planned Credits	3 Planned Credits	

Note: This is a sample degree plan and will not reflect courses that you will take or the term that you will take them. Please use the degree plan that you were given by your advisor.

#### Send your Degree Plan for Review by your Advisor

1. From Student Planning, navigate to "Advising"



Academics	
	Search for a course subject: P Type a subject
Student Planning	American Sign Language
Planning Overview	Arabic
rianning overview	Art
Program Evaluation	Asian Studies
Plan & Schedule	Athletic Training Then Click Here Athletics
Courses & Sections	Biology
	Business
Test Summary	Chemistry
Unofficial Transcript	Chinese

#### Plan your Degree and Schedule your courses

Schedule	Schedule Timeline Advising		Petitions & Waivers	
2017 Fall Semester			ster — +	

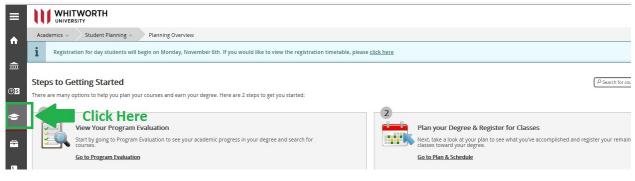
#### 2. Press "Request Review"

©)\$	Plan your Degree and Schedule your courses	P Search for courses	
	Schedule Timeline Advising Petitions & Waivers		
	My Advisors		Request Review
•	Course Plan last reviewed on 9/5/2017 by Compose a Note	View Note History	
۲	Save Note		-
		ellucian. © 2000-2017 Ellucian Company L.P. and its affiliates. All rights reserved. <u>Privacy</u>	

An email will be sent to your advisors for them to review your plan

#### How to register

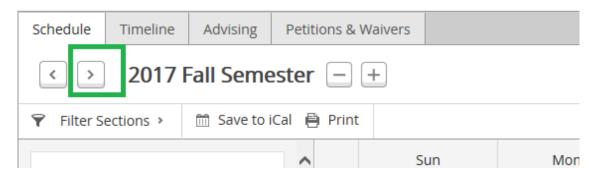
1. From Student Planning, navigate to "Plan and Schedule"



re Academics	Search for a course subject: P Type		
Student Planning			
Grades	Arabic Here		
Graduation Overview	Asian Studies		
	Athletic Training		
Enrollment Verifications	Athletics		
Tenneriet Demuerte	Biology		
Transcript Requests	Business		
Courses & Sections	Chemistry		
Academics ^	Search for a course subject: P Type a subj		
• Student Planning	American Sign Language		
Planning Overview	Arabic		
Plaining Overview	Art		
Program Evaluation	<u>Asian Studies</u>		
Plan & Schedule	Athletics raining Click Here		
Courses & Sections	Biology		
Test Summary	Business		
Unofficial Transcript	Chemistry Chinese		

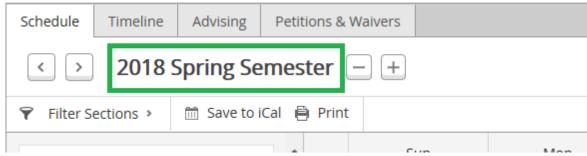
2. Navigate to the term you would like to register for

# Plan your Degree and Schedule your courses



Press the arrow until you get to the correct term

# Plan your Degree and Schedule your courses

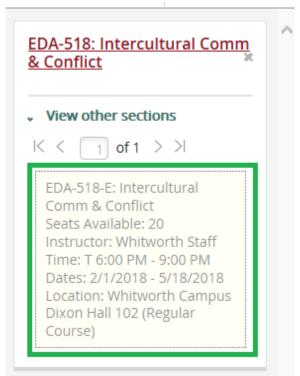


3. Courses from your degree plan should be listed on the left hand side. Press "View other Sections"

Plan your Degree and Schedule your courses

Schedule	Timeline	Advising	Petitions &	Waivers			
	<ul> <li>2018 Spring Semester - +</li> </ul>						
Filter Se	🝸 Filter Sections > 🛗 Save to iCal 🗎 Print						
EDA-518: Intercultural Comm				S	un	Mon	Tue
View other sections			8am				
			9am				
			10am				

4. Click on the section you would like to register for



5. Review the course information and press "Add Section"

Section Details	
EDA-518-E: Intercultural 2018 Spring Semester	Comm & Conflict
Instructors	Whitworth Staff
Meeting Information	Tu 6:00 PM 9:00 PM 2/1/2018 - 5/18/2018 Whitworth Campus, Dixon Hall 102 (Regular Course)
Dates	2/1/2018 - 5/18/2018
Seats Available	20 of 20 Total
Credits	2
Grading	Graded
Requisites	None
Course Description	This course is designed to help you become more aware of the nature of culture and how it permeates our lives. It seeks to help you understand your own personal cultural identity as well as our cultural identity as Americans. It will also help you examine theories of conflict causation, motivation, and resolution. Finally, it invites you to learn how to communicate, work with more effectiveness across cultural difference, and resolve conflicts.
Books	Bookstore Information
	Close Add Section

Note: If you are registering for multiple courses, repeat steps 3 – 5 for each course

## 6. Press "Register Now"

]						Remove Planned Cou	rses Register Now
					Planned	d: 2 Credits Enrolled: 0 Cred	dits Waitlisted: Credits
	Sun	Mon	Tue	Wed	Thu	Fri	Sat
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm			C EDA-518-E				
7pm			-				
8pm			-				
9pm							

Once you register for a course, it should show up with a green check mark and in a green box. You are not registered for a course if it is still showing up in yellow (see above).

# **APPENDIX M**

Calendar

# Whitworth MFT Academic Calendar Summer 2023- Summer 2024

# Summer Term 2023

Advising/Registration Day	September 6
Classes Begin	June 20
Last day to drop/add without professor & advisor signatures	June 26
Independence Day Holiday (no classes; campus offices closed)	July 4
Final Exams	July 28
Clinic Closed week after classes	July 31- Aug. 4
Final Grades Due	Aug. 4

# Fall Term 2023

Advising/Registration Day	Sept. 5
Classes Begin	Sept. 6
Last day to drop/add without professor & advisor signatures	Sept. 12
Weekend Class	Sept 8, 9 29, 30
Thanksgiving Holiday (no classes/clinic closed	Nov. 22-24
Final Exams Week	Dec. 12-15
Final Grades Due	Dec. 22

# Jan Term 2024

Clinic closed week before Jan term	Dec. 21- Jan.2
Jan Term begins	Jan. 3
Last day to drop/add without professor & advisor signatures	Jan. 5
Last day of the term	Jan. 24
Final Grades Due	Jan. 31

# Spring Term 2024

Advising/Registration Day	Jan. 31
Classes begin	Feb. 1
Last day to drop/add without professor & advisor signatures	Feb. 7
Faculty Development Day (no classes)	March 1
EFT Externship Training Week (Cannot Miss!!)	Mar. 25- Mar. 28
Good Friday (no classes)	March 29
MFT spring break (different from rest of Whitworth)	April 1- April 5
Final Exams Week	May 14- May 17
Graduate Commencement	May 18
Spring Clinic Closure	May 24- June 3
Final Grades Due	May 24

# Summer Term 2024

Classes begin	June 18
Juneteenth Holiday (no classes)	June 19
Last day to drop/add without professor & advisor signatures	June 24
Independence Day Holiday (no classes)	July 4
Final Exams	July 26
Final Grades Due	Aug. 2