



BK

COACHING

CLARITY
CONFIDENCE
CONNECTION

PROGRAM &
SERVICE
GUIDE



2021

COACHING IS...

an **interactive** process that helps people **clarify** where they want to go and **how** they plan to get there. Whether you take a course, join a group, or work one-on-one, you can count on a **forward-facing** approach in a **thoughtfully facilitated** space.

COURSES

Six-weeks of online content, plus weekly group coaching
\$350
\$50 discount for referral

GROUPS

You bring the group, I'll bring the facilitation
\$100/hour
4-6 people

ONE-ON-ONE

One hour sessions; you get all the attention
\$100/hour
10 sessions for \$900

FREEBIES!

Press Release Blog
Weekly Newsletter
10 Minute Tune Up
all via website

PROCESS

1

REACH OUT

A 30 minute consult is free

3

CONFIRM

Let me know what you decide, and I'll get the wheels in motion

2

REFLECT

What kind of attention and experience are you seeking?

4

BEGIN

We'll set up a schedule and get growing!