

WHAT IT MEANS TO BE "ON TRACK"

ATTENDANCE



Show up to class daily.

Communicate with your professors if you can't make it and find peers to help you get caught up.

ASSIGNMENTS



Find a system to organize your to-do's so you don't fall behind.

Work ahead and turn in assignments on time.

STUDYING



Set aside time every day to study course material.

Self-test your knowledge on a regular basis to avoid cramming.

FINANCES



Make tuition payments on time.

Keep looking for scholarship and aid opportunities throughout your college experience.

HEALTH



Take advantage of professional care on or off campus.

Pay attention to your mental and physical health.

SUPPORT

Celebrate your progress with people who care!