



WHAT TYPE OF LEARNER ARE YOU?



Visual Learners are those who learn through seeing things. Look over the characteristics below to see if they sound familiar. You may be a visual learner if you are someone who:

- Is good at spelling but forgets names.
- Needs quiet study time.
- Has to think awhile before understanding lecture.
- Likes colors & fashion.
- Dreams in color.
- Understands/likes charts.

Kinesthetic learners are those who learn through experiencing/doing things. Look over these traits to see if they sound familiar to you. You may be a kinesthetic learner if you are someone who:

- Is good at sports.
- Can't sit still for long.
- Is not great at spelling.
- Does not have great handwriting.
- Likes science labs.
- Studies with loud music on.
- Likes adventure books & movies.
- Is fidgety during lectures.

Auditory learners are those who learn best through hearing things. Look over these traits to see if they sound familiar to you. You may be an auditory learner if you are someone who:

- Likes to read to yourself out loud.
- Is not afraid to speak in class.
- Likes oral reports.
- Is good at explaining.
- Remembers names.
- Notices sound effects in movies.
- Enjoys music.
- Is good at grammar and foreign language.
- Reads slowly.
- Follows spoken directions well.
- Can't keep quiet for long periods.
- Enjoys acting, being on stage.
- Is good in study groups.

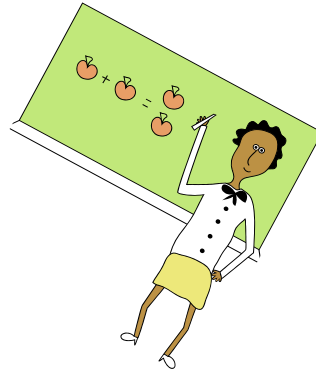
**NOW USE THIS TO HELP YOU
SUCCEED!**

USE YOUR LEARNING STYLES...

VISUAL LEARNERS

Like to see what they are learning

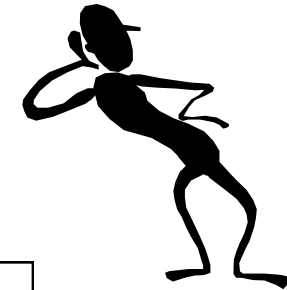
- Benefit from illustrations and presentations that use color
- Take numerous detailed notes
- Use color to highlight important points in text
- Study in a quiet place away from verbal disturbances
- Make outlines of everything!



AUDITORY LEARNERS

Good at explaining things & likes to speak

- Read text out aloud
- Discuss your ideas verbally
- Remember by verbalizing lessons to yourself
- Use mnemonics to aid memorization (poems, lists, etc.)



KINESTHETIC LEARNERS

Can't sit for long periods and are often fidgety during lectures

- Need to be active & take frequent breaks
- Listen to music while you study
- Work at a standing position
- Skim through material first, take a break, then read

