

## Article 2: How to Register for Intramural Sports

All participants are required to create an account with IMLeagues.com. Note: IMLeagues offers a live support button on the right of all pages. Use this button if you encounter any difficulties. Intramural staff as well as UREC front desk staff are available to answer any questions to the best of their ability.

1. Go to Whitworth.edu and search Intramurals in the search bar
2. Click on the link titled **Intramurals U-Rec Whitworth University - Spokane**
3. Click on the IM leagues Image with the caption Whitworth U-rec portal
  - a. This will take you to the U-rec services login page
4. Fill in the Username and Password with your campus login information and click log in.
5. Click on the orange and white IM leagues logo and you will be directed to the IM leagues website, already signed in!

### Option 2:

1. Google search IMleagues.com and click **Login**
2. Search for Whitworth university in the drop down menu
  - a. You will be redirected to the U-Rec services log-in page
3. Log in with your School ID and password  
Click on the orange and white IM leagues logo and you will be directed to the IM leagues website, already signed in!

### **To Create/ Join a Team**

1. To Create, click the green **“register”** button in the middle of the screen
2. Next, select the sport/league you wish to compete in
3. Tap the green button labeled **“create”**
4. Complete the captains quiz. You **MUST** get 100% in order to continue, however you have as many attempts as you require.
5. Electronically sign the waiver of liability
6. Add a team name/ image
7. Select your desired free agent settings and click **“create your team!”**
8. When prompted, choose the payment plan that best suits you

## 9. Enjoy your season!

To join:

- o Accept an invitation from a captain.

Via email. Follow the steps in the email you receive.

- o Find the team and captain name on division/league page and request to join.

No Team, No Problem (Individual Registration)

- You can list yourself as a free agent in as many divisions within a league as you want.

You will be visible to all members of the site and can request to join teams or post information about yourself so teams can request to add you to their team.

**NOTE:** Check the intramural sports website for registration information for each specific sport.

Some sports such as team tennis and ice hockey follow different procedures.