

Therapists

+Therapists who identify as Christian counselors

*BIPOC counselors

Anchor Counseling

+Jeffrey Jarrett, MA, LMFT
Teresa Clark, LMFT
Holly Cannard, LMHC
*Michelle Villanueva

404 W 15th Avenue
Spokane, WA 99203
<https://anchorspokane.com/>

509-209-9664

Bree Sutton Therapy

Multiple associates

1111 E. Westview Court, Ste C
Spokane, WA 99218
<https://www.hellobree.co/>

509-818-6819

Calm Waters Counseling

Lisa Estelle, Psy. D

123 W. Cascade Way, Ste D
Spokane, WA 99218
<https://www.psychologytoday.com/us/therapists/lisa-estelle-spokane-wa/111986>

509-467-9111

+Climb Counseling Clinic

Jeff Crotty, MA, LMHC
Krista Crotty, MA, LMHC (**Eating Disorders**)

705 W. 7th # F
Spokane, WA 99204

509-904-6404

+Confident Expectations Counseling

Gretchen Scott, MA, LMFTA
Private pay, student rate

8601 N. Division, Ste H
Spokane, WA 99251
www.confidentexpectationscounseling.com

509-557-0070

Cor Counseling and Wellness - North Team

+Stacie Web, LICSW
Jennifer Backlund, MA, LMHC
Catherine Asay, MA, MS, LMHC
Kolbie Peach, MBA, LICSW
Emily Walthers, MA, LMHC
Natalie Schaffner, MA, LMHC

9631 N. Nevada St, Ste 209
Spokane, WA 99218
www.corspokane.com

509-242-7200

Family Essentials Counseling

Brandon Loiler, MFT, LMFT
Multiple Associates

101 W. Cascade Way, Ste 103
Spokane, WA 99208
<https://familyessentialscounseling.com/>

509-413-2242

Updated 5/26

Independent Counseling Tori Daniewicz , MS, LMHC +Curtis Mulder, MA, LMHC Jennifer Knutson, MSW, LICSW (EMDR) Linda Shook, MA, LMHC (Neurodiversity) Maura Winter, MA, LMHC	10103 N. Division, Ste 109 Spokane, WA 99218 https://www.icnspokane.com/	509-467-1156
Integrative Therapy Northwest +Daisy Swanson, LMFT +James Leman, LMFTA Kassie Hillhouse, LMFTA	6821 N Country Homes Blvd, Ste 101 Spokane, WA 99208 https://integrativetherapynw.com/	509-954-7775
+Ira McMorris, MA, LMCH, CDP (ACT)	201 W North River Dr. Ste 518 Spokane, WA 99218 www.mcmorristherapy.com	509-362-0378
Kaiser Permanente Behavioral Health Access Line	322 North River Drive Spokane, WA 99201	1-888-287-2680
Koru Counseling +Jayme Koerselman (Pornography)	624 West Hastings Road Spokane, WA 99218 www.korucounseling.org	509-842-6757
Life Directions Counseling Marshall McClean, MFTA	3101 East Boone Ave Spokane, WA 99202 info@lifedirectionscounseling.com https://lifedirectionscounseling.com/	509-934-0178
Northwest Sexual Counseling Zita Nickeson, LMHC, CST	1212 N. Washington, Ste. 104 Spokane, WA 99201 https://www.nwsexualcounseling.com/index.html	509-868-3387
Patrick Counseling, PLLC +Todd Patrick	624 West Hasting, Ste 1 Spokane, WA 99218 todd@patrickcounseling.org https://www.psychologytoday.com/us/therapists/todd-william-patrick-spokane-wa/1049476	509-788-7398

Purple Lotus Counseling Erin Kelly, MA, LMFT (DBT)	9 S. Washington Spokane, WA 99204 www.purplelotuscounseling.com	213-272-5147
Resilient Roots Therapy Christine Russo, MSW, LICSW, LMHC (EMDR) crusso@resilientrootstherapy.org Jillian Alexander-Travers, LICSW (EMDR)	202 E Spokane Falls Blvd, Ste 302 Spokane, WA 99202 https://resilientrootstherapy.org/	509-855-9373
Smart Therapy Candace Smart, MS, LMHC Jordan Nazzaro, MA, LMHC (DBT) Cathlene Dunlap, MS, LMHC Stephen Herney, MA, LMFTA Laurie Higgins, LICSW, RN Jediah Main, MS, LMCH, SUDPT (DBT)	9708 N. Nevada, Ste 205 Spokane, WA 99208 www.smarttherapygroup.net	509-466-0226
+Spokane Christian Counseling Aryn, Zlehnert, PHD Marty Robinette, MA, LMFT Kelly Walters, MA, LMHC Nathan Ainley, MS, LMHC Wes Walton, MA, LMFT	101 West Cascade Way Spokane, WA 99208 https://spokanechristiancounseling.com/	509-209-8961
The Spokane Counselor Kylie Chaffin, MA, LMHC (EMDR) Amy Klein, MA, LMHC (EMDR) Courtney Calaway, MSW, LICSW (EMDR, DBT) *Eryka Byrdsong, MA, LMHC (DBT)	9921 N. Nevada, Ste 103 Spokane, WA 99218 www.thespokane counselor.com	509-606-0588 text or call
*Trauma Informed Therapies EMDR, DBT, LGBTQIA+	222 W. Mission, Ste 122 Spokane, WA 99201 https://traumainformedtherapies.com	509-842-0067

Low-Cost Mental Health Clinics

*Catholic Charities	1960 N. Holy Names Court Spokane, WA 99224 https://www.cceasternwa.org/counseling	509-242-2308
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Akin (Formerly Children's Home Society)	4001 N. Cook Street Spokane, WA 99207 https://akinfamily.org/services/#behavior	509-747-4174
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Frontier Behavioral Health	101 S. Division Spokane, WA 99204 https://fbhwa.org	509-838-4651
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Lutheran Community Services	210 W. Sprague Spokane, WA 99201 https://lcsnw.org/our-impact/behavioral-health	509-747-8224
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Therapists who accept sliding scale fee:

+Krista Crotty	Climb Clinic	509-994-6404
Resilient Roots Therapy		509-855-9373
Calla Powrie	Crescent Counseling, PLLC	509-321-4061
+Heidi Neddo		509-699-8925
*Karina Anderson		509-869-2974
+Jeffrey Jarrett (student rate)		509-450-8909
+Harry Neff		509-939-9903
+Gretchen Scott		509-557-0070
+ Bree Sutton Therapy		509-818-6819