

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						31 <ul style="list-style-type: none"> <li>Residence halls open for NEW students</li> <li>Cross over ceremony 4pm</li> </ul>
1 <ul style="list-style-type: none"> <li>Campus Worship 9:30 am</li> <li>Parents and families depart campus 1pm</li> </ul>	2 <ul style="list-style-type: none"> <li>Residence halls open for RETURNING students</li> </ul>	3	4 <ul style="list-style-type: none"> <li>Day and evening classes begin</li> </ul>	5	6	7
8	9	10	11	12	13	14
15	16	17	18 Community Building Day no classes until 12:50 pm	19	20	21
22	23	24	25	26	27	28
29	30					

**NOTES:**

**Send some love from home with a care package!**

As your student transitions this month, consider including notes of love and encouragement, their favorite snacks, gift cards, or everyday essentials in a care package. Your student will be adjusting to a new social life, living with their peers, and a new workload. Support them and love on your Whitworthian as they make these big changes.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
					Homecoming Weekend	
6	7	8	9	10	11	12
Homecoming Weekend					Family Weekend	
13	14	15	16	17	18	19
Family Weekend						
20	21	22	23	24	25	26
					• Faculty development day (no classes)	Fall Break
27	28	29	30	31		
Fall Break						
	• Classes resume @ 5pm					

**NOTES:**

**Keep lines of communication open!**  
 Whether with finances, grades, academic goals or otherwise, many first-year students struggle during their first semester. Ask your student about their hopes and goals for the semester and what they are doing to achieve those things. Coach them to solve their problems by encouraging them to reach out for support from appropriate campus resources.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 <ul style="list-style-type: none"> <li>Registration Begins for Jan Term, Spring, and Summer Terms</li> </ul>	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
			Thanksgiving Break			
				Thanksgiving Day		

**NOTES:**

**The changing weather this month can be tough!**

Ask your student how they are doing with the weather. They may experience some physical and mental health concerns. Be a supportive and listening ear and encourage them to seek assistance nearby. Encourage them to go to Primetimes or seek help from an RA.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
		Final Exams				<ul style="list-style-type: none"> <li>Res halls close for Christmas break at 10 am</li> </ul>
		Students are required to check out within 24 hours of their last final or by the closing date listed. If this presents a problem, the student must speak with their resident director as soon as possible.				
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**NOTES:**

**Prepare for the holidays!**

Take care not to overschedule and to include your student in your discussions about holiday plans. Your Whitworthian will likely want to rest, reconnect with friends, and spend time with the family. Be prepared to talk about expectations in a new way, since your student has been on their own for several months now.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 • Residence Halls open	3 • Jan Term begins	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20 MLK day No classes, campus offices closed	21	22	23	24 • Last day of Jan Term	25 <b>Jan Term break</b>
26	27	28	29	30 • Spring term day classes begin	31	
<b>Jan Term break</b>						
	• Residence halls open for NEW students		• Spring Term evening classes begin			

**NOTES:**

**Look back and think ahead!**

Think about asking your student how they feel about the previous semester and what their hopes, plans, and goals are for spring semester. Jan Term can be a great time for work, reflection and preparation. Since they are only taking one class, encourage your student to use their extra time to explore Spokane and get involved.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
					Valentine's Day	
16	17	18	19	20	21	22
					<ul style="list-style-type: none"> <li>No classes- Faculty Development Day</li> </ul>	
23	24	25	26	27	28	29
<div style="border: 1px solid black; padding: 5px;"> <p>*The Leadership Fair happens this month. This is a great opportunity for your student to learn about leadership opportunities on campus and get information about how to apply.</p> </div>						

**NOTES:**

**Ask your student about their challenges.**

How are they experiencing an education of mind and heart? What is challenging their thinking or pushing them outside of their comfort zone? If they are feeling overwhelmed, point your student to appropriate campus resources. If the challenge is a healthy one, provide a listening ear and encouragement to keep wrestling through the challenge.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13 <ul style="list-style-type: none"> <li>Hawaiian Club 50<sup>th</sup> Anniversary Lu'au</li> </ul>	14
15	16 <ul style="list-style-type: none"> <li>Faculty advising begins</li> </ul>	17	18	19	20	21 <div style="border: 1px solid red; padding: 2px; display: inline-block;">Spring Break</div> <ul style="list-style-type: none"> <li>Residence halls close at 10 a.m.</li> </ul>
22	23	24	25	26	27	28
Spring Break						
29 <div style="border: 1px solid red; padding: 2px; display: inline-block;">Spring Break</div> <ul style="list-style-type: none"> <li>Residence halls open</li> </ul>	30 <ul style="list-style-type: none"> <li>Pre-Registration for Summer and Fall terms (through April, 9)</li> </ul>	31				

**NOTES:**

**Admit you don't know what you don't know!**  
 Whether about the stressors of life as a college student today, about how your student is doing, or whatever else, offering an open posture can help to keep lines of communication open with your growing adult.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10 Good Friday No classes, campus offices closed	11
12 Easter Sunday	13 Easter Monday No classes, campus offices closed	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

**NOTES:**

**Ask your student about self-care.**  
 How are they taking care of themselves in the midst of late-semester stressors?  
 Offer care and support as they decide what to do over the summer and begin to  
 wrap up the year.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
<div style="border: 1px solid red; padding: 5px; margin-bottom: 5px;"> <b>Final Exams Week</b> </div> <div style="border: 1px solid red; padding: 5px;">           Students are required to check out within 24 hours of their last final or by the closing date listed. If this presents a problem, the student must speak with his/her resident director as soon as possible.         </div>						<ul style="list-style-type: none"> <li>Residence halls close @10 am for students not graduating</li> </ul>
17	18	19	20	21	22	23
<b>Baccalaureate &amp; Undergraduate Commencement</b>	<ul style="list-style-type: none"> <li>Residence halls close for graduating students</li> </ul>					
24	25	26	27	28	29	30
31						

**NOTES:**

**Summer is almost here!**

If your student is heading home for the summer, renegotiate your expectations and have a conversation about your hopes and theirs for the summer. If your student will be away, talk about your hopes for how often you will be in touch and see one another.